

Available resources

- [National Heart Foundation](#) – for action plans, health professional information and patient information.
- [Health Pathways Melbourne](#) – clinical management and referral resource
- [Managing heart failure care guide](#)
- [Medication optimisation plan](#)
- [Flexible diuretic plan](#)
- [Sick day management plan](#)
- [Living well with heart failure](#) booklet
- [Hearts4heart heart failure symptom tracker](#)
- [Action plan for reducing fluid](#)
- [Heart failure and regular activity](#) video
- [Heart Foundation walking groups](#)