

POLAR Walkthrough – Identify patients at risk of dementia

Step 1

Open POLAR and from Reports Select Clinic Summary Report

Polarexplorer.org.au/login



Clinic Summary Demo

Demo for clinics, including clinical indicators

Step 2

Select the Quick Filter RACGP & Practice Active patients shortcut on the top left hand side.

Quick Filters



RACGP & Practice Active Patients

Step 3

Using the filters on the left hand side select Risk Categories then select Dementia Risk, select yes and confirm your selection.

Risk Categories

- CVD Risk
- HAT Risk
- APRI Risk
- AusDRisk Category
- Dementia Risk

Dementia Risk

Type to search...

No

Yes

Step 4

Select Clinical/Clinical Indicators

In the inclusion tab select patient age band and select all patients over 60 years.

Please note for Aboriginal and Torres Strait Islander patients select patients over 50 years and select the Indigenous Status and select Aboriginal, Torres Strait Islander and Both Aboriginal and Torres Strait Islander and confirm the selection this is 2 separate searches.

Clinical Indicators

Inclusions **Exclusions**

All Demographics Clinical Measures

Demographics

- Patient Status
- RACGP Active
- Location
- Gender
- Transgender
- Sexuality
- Pregnant
- Gestation Weeks
- Pension Status
- Patient Age
- Post Code
- Age Band

Step 5

Select the exclusion filter then Diagnosis then select Diagnosis Active then under SNOMED type in Dementia and select all the relevant diagnosis categories.

Inclusions 8,878 (+) Exclusions

All Demographics Clinical Measures Exclusions

Diagnosis

GP Diagnosis

Chronic Disease Category

SNOMED

Diagnosis Active

You can now select the patient list or identify if the patients are eligible for any chronic disease items or health assessments using the tracked MBS report under MBS.

Export the list from the bottom of the table using the Export data option.

Patient List Bookmarks

Export Data

Notes

Patient Eligibility: To be included as having a 'Dementia Risk, the patient needs to be:

1. Age >= 40
2. RACGP Active
3. Clinic Active
4. No active Dementia/Alzheimer's diagnosis

Risk Profile: Depending on the patient's age and indigenous status, a combination of these factors will trigger the Dementia Prompt:

1. Smoking Status = Smoker
2. Alcohol Consumption = 43+ drinks per week
3. Diabetes Type 1 (Active or Inactive) OR Type 2 diagnosis (Active Only)
4. Active Diagnosis = Depression OR Atrial fibrillation OR Stroke OR Hypertension OR Insomnia OR Traumatic Brain Injury



Please note there is also a Dementia Risk notification now available in Walrus if you need assistance to set up Walrus in your practice, please contact the team at EMPHN. digitalhealth@emphn.org.au



Where to get help

EMPHN general practice improvement & digital enablement:
digitalhealth@emphn.org.au.

EMPHN wishes to acknowledge West Vic Primary Health Network who developed this Walkthrough.