



Get started today

Join Link-me+



Helping your patients get the right mental health support, sooner.

What is Link-me+?

Link-me+ was developed in response to direct feedback from GPs seeking additional support when providing mental health care.

The Link-me+ Model of Care helps to provide tailored treatment recommendations for people experiencing the most common mental health challenges of low mood, worry and stress.

It includes practical tools and fully funded in-practice support to help streamline mental health care.

Why participate?

Reduces consult pressure

Early insight and a stepped-care approach ease demand on standard appointments.

Easy to use

Designed for busy practices and fits seamlessly into existing workflows.

Optimises care, empowers patients

Tailored recommendations support active patient involvement in recovery.

Faster access to local services

Quickly match patients to the right supports.

Stronger team-based care

Supports coordination and frees GPs to focus on clinical care.

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