

Practice Nurse Day

Supporting women's health at all ages

30 April 2026

Jane Barbati

Your Clinical Management and Referral Resource



Localised Clinical Pathways

(Evidence-based guidance adapted for Melbourne clinicians)



Referral Information

(Clear referral instructions for local health services and hospitals)



Regular Updates

(Pathways reviewed and updated regularly by Clinical Editors)



CPD Hours

(Track and record CPD activities directly through Pathway page)



Collaborative Development

(Created by GPs, specialists, allied health and other health professionals)



Easy Access

(Web-based platform, mobile-friendly for point-of-care use)



Streamlined Workflow

(Quick navigation with Assessment, Management and Referral sections all in one place)



Free for Clinicians

(No cost access for all health professionals in North Western and Eastern Melbourne PHN catchments)

Use search bar to **quickly locate** clinical pathways and conditions



Melbourne JB

- Community HealthPathways
- Melbourne
- Older Adults' Health
- Medicines Information and Resources
- Public Health
- Specific Populations
- Surgical
- Women's Health
- Our Health System
- Carer Resources and Support Services
- Community Health Services
- CPD Hours for HealthPathways Use
- Mental Health Stepped Care - Navigation
- MyMedicare
- Department of Veterans' Affairs
- Digital Health
- Forms and Resources
- Hospitals - Public
- MBS Items
- News Archive
- Practice Incentive Programs
- Practice Management Resources
- Primary Health Networks (PHNs)
- Statewide Referral Criteria for Specialist Clinics

Use the left-hand menu to access clinical categories, **quick and easy** to navigate.



Melbourne HEALTHPATHWAYS



Essential quick-access links for latest updates, Pathway updates, clinical resources and MBS items



Latest News

2 April
Health.vic
Health alerts and advisories

2 April
TGA alerts
TGA alerts:
• Safety Alerts (for health professionals)
• Recall Actions (for health professionals)
• TGA Medicine Shortages (for health professionals)

27 March
Increased risk of measles in Victoria
See Health Alert and updated Measles Public Exposure Sites in Victoria.



Find the latest health alerts

Pathway Updates

Updated - 8 April
Acute Asthma in Adults and Adolescents

Updated - 2 April
Shoulder Pain in Adults

Updated - 27 March
Non-acute COPD

Updated - 27 March
Acromioclavicular (AC) Joint Injury in Adults

Updated - 27 March
Shoulder Instability (Recurrent) in Adults

VIEW MORE UPDATES...

- ABOUT HEALTHPATHWAYS
- BETTER HEALTH CHANNEL
- RACGP RED BOOK
- USEFUL WEBSITES & RESOURCES
- MBS ONLINE
- NPS MEDICINEWISE
- PBS
- NHSD



SEND FEEDBACK

Example: Contraception and Sterilisation

Melbourne JB Jane Barbat

Community HealthPathways

Melbourne

- Public Health
- Specific Populations
- Surgical
- Women's Health
- Breastfeeding
- Contraception and Sterilisation
- Sterilisation
- Combined Hormonal Contraceptives (CHCs)
- Contraceptive Implant
- Contraceptive Injection
- Emergency Contraception
- Intrauterine Devices (IUDs)
- Progestogen-only Pills (POPs)
- Gynaecology
- Obstetrics
- Termination of Pregnancy (TOP)
- Our Health System

Home / Women's Health

Women's Health

In This Section

- Breastfeeding
- Contraception and Sterilisation
- Gynaecology
- Obstetrics
- Termination of Pregnancy (TOP)

See Also

- Breast Imaging
- Female Genital Cutting/Mutilation (FGC/M)

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ABOUT THIS PAGE

- Page information
- Topic ID: 481428

CPD REPORTING

- Add learning notes
- Create a CPD report

SEND FEEDBACK

Women's Health Pathways

Gynaecology

- [Cervical Cancer](#)
- [Cervical Polyps](#)
- [Cervical Screening](#)
- [Recurrent or Chronic Vulvovaginal Candidiasis](#)
- [Dysmenorrhoea](#)
- **[Endometriosis](#)**
- [Female Genital Cutting/Mutilation \(FGC/M\)](#)
- [Fibroids](#)
- [Heavy Menstrual Bleeding](#)
- [Intermenstrual Bleeding](#)
- **[Menopause](#)**
- **[MHT](#)**
- [Ovarian Cancer - Established](#)
- [Ovarian Cancer Follow-up](#)
- [Ovarian Cyst \(Pelvic Mass\)](#)
- [Pelvic Floor Dysfunction and Prolapse](#)
- [Persistent Pelvic Pain](#)
- [Polycystic Ovarian Syndrome \(PCOS\)](#)
- [Postcoital Bleeding](#)
- **[Postmenopausal Bleeding](#)**
- [Premenstrual Syndrome \(PMS\)](#)
- [Sub-fertility](#)

- [Urinary Incontinence in Women](#)
- [Vaginal Pessaries](#)
- [Vulvodynia](#)
- [Vulval Itch \(Pruritus Vulvae\)](#)
- **[Contraception](#)**
 - [Sterilisation](#)
 - [Combined Hormonal Contraceptives \(CHCs\)](#)
 - [Contraceptive Implant](#)
 - [Contraceptive Injection](#)
 - [Emergency Contraception](#)
 - [IUDs](#)
 - [Cervical Shock](#)
 - [POPs](#)

Breastfeeding

- [Breast Engorgement and Oversupply](#)
- [Improving Milk Supply](#)
- [Mastitis and Breast Abscess](#)
- [Medications in Pregnancy and Breastfeeding](#)
- [Sore, Tender, and Damaged Nipples in Breastfeeding](#)
- [Tongue-tie \(Ankyloglossia\)](#)
- [Lactation Support](#)

Obstetrics

- [Preconception Assessment](#)
- [Antenatal Care](#)
- [Diabetes in Pregnancy](#)
- [Maternal Postnatal Check](#)
- [Pregnancy and Postpartum Mental Health](#)
- [Pregnancy Medical Conditions](#)
- [Acute Obstetric Referral \(Same-day\)](#)
- [Non-acute Obstetric Referral \(> 24 hours\)](#)
- [Early Pregnancy Assessment Service \(EPAS\)](#)
- [Pregnancy Booking](#)

Immunisation Pathways and Resources

Health Assessments

[45 to 49 Year Old Health Check](#)

[Comprehensive Medical Assessment \(CMA\) for RACFs](#)

[Health Assessment for Aboriginal and Torres Strait Islander People \(MBS Item 715\)](#)

[Health Assessment for People with an Intellectual Disability](#)

[Health Assessment for Refugees and People Seeking Asylum](#)

[Health Assessment for Older Adults \(≥ 75 Years\)](#)

[Type 2 Diabetes Risk Evaluation - 40 to 49 Years Health Assessment](#)

Practice Incentive Programs

[eHealth Practice Incentives Program \(ePIP\)](#)

[Practice Incentives Program \(PIP\)](#)

[Practice Incentives Program Indigenous Health Incentive \(PIP-IHI\)](#)

[Workforce Incentive Program \(WIP\)](#)

MBS Items

[Guide to MBS Items](#)

[Chronic Disease Management Items \(CDM\)](#)

Infection Prevention and Control

[Infection Prevention and Control](#)

[Blood/Body Fluid Exposure](#)

[Hand Hygiene](#)

[Local Public Health Units \(LPHUs\)](#)

[Notifiable Conditions in Victoria](#)

Immunisation and vaccines

[Immunisation Services](#)

[Adverse Events Following Immunisation \(AEFIs\)](#)

[Immunisation - Childhood](#)

[Immunisation - Adolescents](#)

[Immunisation - Adults](#)

[Immunisation - Pregnancy](#)

[Immunisation Services](#)

[Travel Vaccination](#)

[COVID-19 Vaccination](#)

[Vaccines](#)

[Vaccine Supply, Storage, and Cold Chain Breaches](#)

Basic skin and wound management

[General Wound Care](#)

[Infection and Bacterial Load in Wounds](#)

[Lacerations](#)

[Leg Ulcers](#)

[Pressure Injuries](#)

[Skin Tears](#)

[Wound Management Products](#)

[Specialist Wound Management Services](#)

Case Study



CASE STUDY 20:

Exploring the Australian Government's new National Lung Cancer Screening program using three case studies

Case 1: A 48-year-old patient has heard about the new lung cancer screening program. He has been a heavy cigarette smoker for most of his life, and has quit in the past year with the help of his regular GP. He would like to get screened for lung cancer.

The GP reviews his history and congratulates him on his smoking cessation. He calculates that the patient has an over-30 pack-year smoking history, and has no symptoms suggestive for lung cancer.


However, the patient is not eligible for the current screening program because it is for people aged between 50 and 70. The GP explains this, and at the same time ensures that the patient is up to date with his bowel cancer screening, which commences at age 45. The patient is up to date with his other health checks. He adds a recall in the practice software for this patient when they turn 50.

melbourne.healthpathways.org.au | July 2025




Real clinical scenarios for everyday GP practice

Monthly Bulletin



HealthPathways Melbourne

Putting knowledge into practice

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Want access to HealthPathways Melbourne? [Register here](#) for your HealthPathways account for up to date guidance on clinical and referral pathways for a range of conditions.

What you'll find in this edition

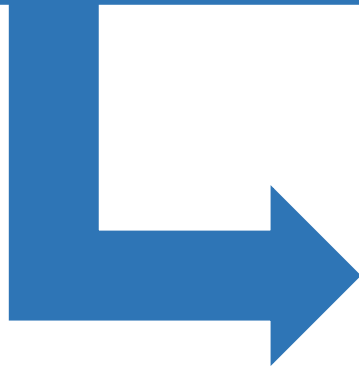
- HealthPathways Melbourne GP Mental Health Treatment Plan updates
- Statewide referral criteria news 1: dermatology
- Statewide referral criteria news 2: children's surgery and ophthalmology conditions
- Insight: HealthPathways Melbourne and Mercy Health
- Case study: Healthy travel preparation
- Case study: Assessing suspected melanoma

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