

LGAs: Knox (K) | Manningham (Man) | Maroondah (Mar) | Monash (Mon) | Whitehorse (W) | Yarra Ranges (YR)

Program	Target Group	Key Support	Cost	Referral	Waitlist / Notes	K	Man	Mar	Mon	W	YR
Access Health and Community – Steps Mental Health	Whole of life	Therapeutic support from child mental health clinicians	Free	Anyone in catchment	~6 months	✓	✓	✓	✓	✓	✓
Doncare Community Services	Children 6–18	Counselling, family therapy, FV art therapy	Fee / concessions	Not specified	Yes	✓	✓	✓	✓	✓	✓
Department of Education – Student Support Services (SSS)	Govt primary school students	Counselling, psychoeducation, risk assessment	Free	School-based	Yes	✓	✓	✓	✓	✓	✓
EACH – Youth & Family Counselling / Child & Family Team	Up to 12 years	Art Therapy + Family Therapy (up to 10 sessions)	Free for low to medium income households	National intake	~6 weeks	✓		✓			✓
Eastern Health – Infant, Child and Youth Mental Health Service (ICYMHS)	Children 5–12 with complex mental health issues	Assessment, case management, therapy	Free	Via ICYMHS Access Team	No	✓	✓	✓	✓	✓	✓
Eastern Health Community Health – Healesville & Yarra Valley	Children <12 as family group	Short-term counselling (≤12 sessions)	Free for low to medium income households	Self or agency							✓
Eastern Health – FaPMI Program	Children 0–18 with a parent experiencing mental illness	Peer groups, education, referral, financial assistance	Free	Self or agency	Term-based programs	✓	✓	✓	✓	✓	✓
Foundation House	Children 5-12 from refugee background	Trauma counselling, advocacy, Community Capacity Building , education supports	Free	Foundation House referral	Intake 2–4 weeks	✓	✓	✓	✓	✓	✓
Healthability – Children, Youth & Family Services	Children 0–18 with developmental delays, mental health challenges	Allied health, counselling, parent work	Free to fee-based		2–6 months	✓		✓		✓	
Link Health & Community (Oakleigh)	Children 0–17	Direct counselling to children aged 4-17	Free for low to medium income households		8 weeks–6 months				✓		
Maroondah City Council – Youth Services	Youth 10–25	Wellbeing & youth worker support	Free	Council access	Needs-based			✓			
Monash City Council – Youth Support	Youth 10–25	Individual support, info & referral	Free	Council access	Not specified				✓		
Other resources	<ul style="list-style-type: none"> SupportConnect – assessment and referral service in the East coordinated by the EMPHN. 										

- [Connect Us](#) is a youth service seeker directory containing programs, supports, and services across Maroondah, Knox and Yarra Ranges could be a useful search tool. Funded by the three LGA Youth Service teams, it has some counselling services and support programs listed that are inclusive of the middle year's cohort (10-12) and above.