

Clinical Insights Report

Secondary CVD Prevention after Ischaemic Stroke or TIA

Included* and excluded[†] diagnoses, based on [SNOMED-CT](#)

Diagnosis	SNOMED-CT terms
Ischaemic stroke or TIA*	<ul style="list-style-type: none">• Brain stem infarction• Cerebellar infarction• Cerebral infarction• Cerebrovascular accident• Infarction of basal ganglia• Ischaemic stroke• Left sided cerebral hemisphere cerebrovascular accident• Thalamic infarction• Transient ischaemic attack
Atrial fibrillation*	<ul style="list-style-type: none">• Atrial fibrillation• Atrial fibrillation and flutter• Atrial flutter
Haemorrhagic stroke [†]	<ul style="list-style-type: none">• Cerebellar haemorrhage• Cerebral haemorrhage• Haemorrhagic stroke

Included and excluded medicines, based on the [Australian Medicines Handbook 2025](#)

Medicine class	Medicines
Antihypertensives	<p><u>Thiazide and related diuretics</u></p> <ul style="list-style-type: none">• Amiloride with hydrochlorothiazide• Chlortalidone• Hydrochlorothiazide• Indapamide <p><u>Angiotensin converting enzyme (ACE) inhibitors</u></p> <ul style="list-style-type: none">• captopril• enalapril• enalapril with hydrochlorothiazide• fosinopril• fosinopril with hydrochlorothiazide*• lisinopril• perindopril• perindopril with amlodipine• perindopril with indapamide• quinapril• quinapril with hydrochlorothiazide• ramipril• ramipril with felodipine• trandolapril <p><u>Angiotensin receptor blockers (ARB)</u></p> <ul style="list-style-type: none">• candesartan• candesartan with hydrochlorothiazide• eprosartan with hydrochlorothiazide*• eprosartan*• irbesartan• irbesartan with hydrochlorothiazide• losartan• olmesartan• olmesartan with amlodipine• olmesartan with amlodipine and hydrochlorothiazide• olmesartan with hydrochlorothiazide• telmisartan• telmisartan with amlodipine• telmisartan with hydrochlorothiazide• valsartan

	<ul style="list-style-type: none"> • valsartan with hydrochlorothiazide <p><u>Calcium channel blockers</u></p> <ul style="list-style-type: none"> • Amlodipine • Amlodipine with atorvastatin • Amlodipine with valsartan • Amlodipine with valsartan and hydrochlorothiazide • Diltiazem • Felodipine • Lercanidipine • Lercanidipine with enalapril • Nifedipine • Nimodipine • Trandolapril with verapamil • Verapamil <p><u>Beta-blockers</u></p> <ul style="list-style-type: none"> • Atenolol • Bisoprolol • Carvedilol • Labetalol • Metoprolol • Nebivolol • Propranolol • Sotalol
Antiplatelets	<ul style="list-style-type: none"> • aspirin • clopidogrel • clopidogrel with aspirin • dipyridamole • eptifibatide • prasugrel • ticagrelor • tirofiban
Oral anticoagulants	<ul style="list-style-type: none"> • apixaban • dabigatran • rivaroxaban • warfarin
Statins	<ul style="list-style-type: none"> • amlodipine with atorvastatin • atorvastatin

	<ul style="list-style-type: none">• ezetimibe with atorvastatin• ezetimibe with rosuvastatin• ezetimibe with simvastatin• fluvastatin• pravastatin• rosuvastatin• simvastatin
High-potency statins	<ul style="list-style-type: none">• any statin containing either atorvastatin 40-80mg or rosuvastatin 20-40mg [Note: POLAR does not allow for dose differentiation]

* Discontinued, but included for historic purposes