

IAR-DST training for GPs and Healthcare Workers

The Initial Assessment and Referral Decision Support Tool (IAR-DST) for mental health care assists general practitioners and clinicians in recommending a level of care for a person seeking mental health support.

A once off \$300 payment (excl. GST) is available for eligible GPs who complete the two-hour training*.
(Payment only available until 30 June 2025)

The IAR-DST:

- Provides a framework for GPs and clinicians to consider consumers presentation in the context of 8 holistic assessment domains and may also act as a prompt about the information to gather.
- Aims to provide a common approach and language for communicating the intensity of the treatment response (level of care) across service providers.

The two-hour online or in-person training will focus on:

- Introduction to the IAR-DST and the development of the National Guidance.
- Orientation to the domains, levels of care, and Decision Support Tool.
- Clinical judgement and supported decision-making.
- Practical application of the IAR-DST using a training scenario.

EMPHN's IAR-DST Officers offer regular training sessions both online and in-person. Upcoming dates and times can be found via EMPHN's website.

Contact us for in-person training at your own practice (minimum numbers may apply).

Email: iar.info@emphn.org.au

Phone: 03 8814 2431 or 03 8814 2413

* GPs/GP registrars whose principal place of practice is within the EMPHN catchment must attend the full two-hour training to receive the payment. GPs will not be paid for attending this training if attending on behalf of an organisation as a salaried position funded by the Commonwealth or if they have previously been paid for attending this training.



For more information, scan the QR code or visit EMPHN's website directly.