

Link-me+ Mental Health Model of Care

Overview for Practice Managers Day



Why is a Mental Health Model of Care needed?



22% of Australians experience mental health disorders



Largest reason for presentation to a GP is mental health



Most people seek help from their **GPs**



GP feedback:
“We need more support”

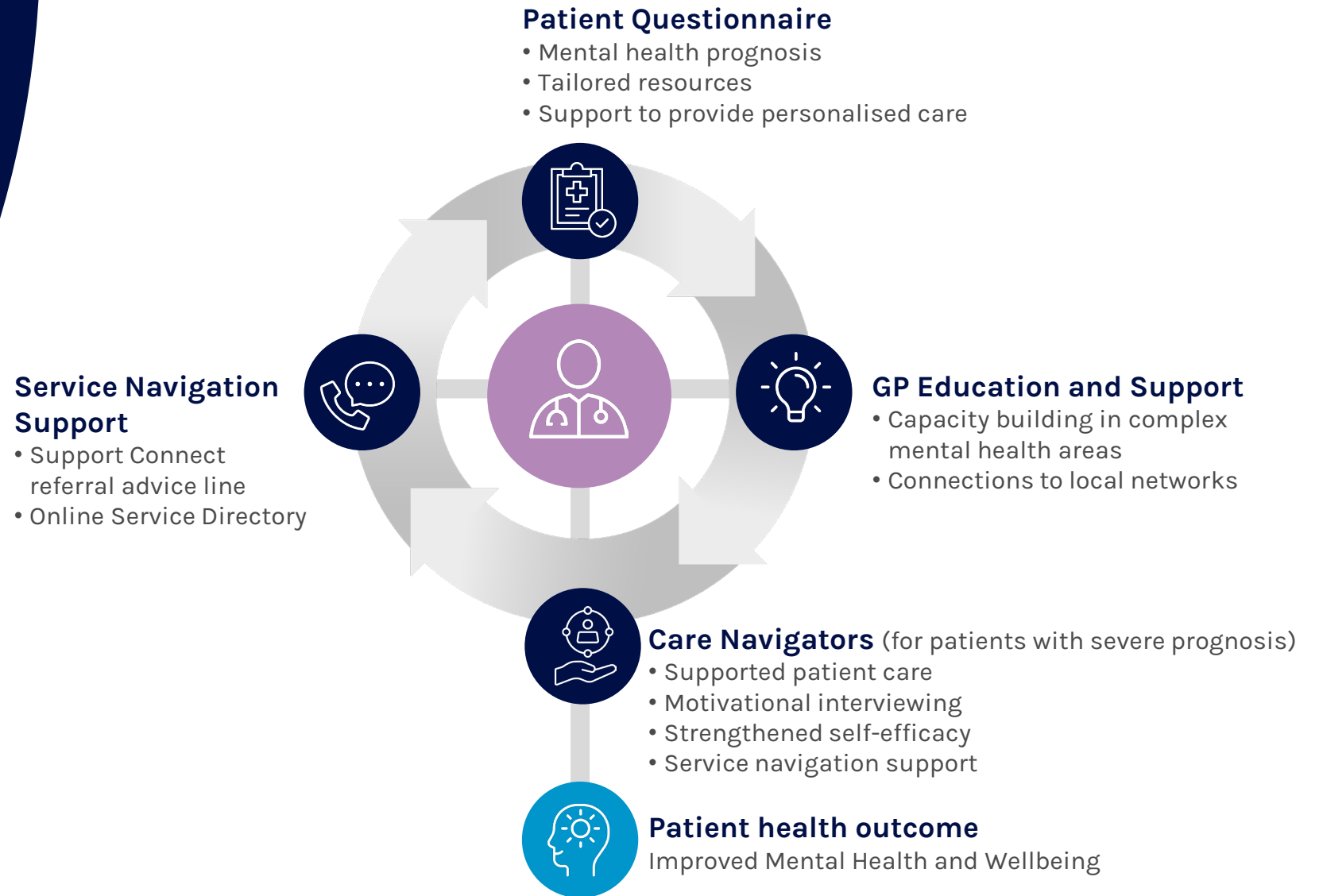


Establish a model that supports GPs to provide **better care** for their patients with mental health issues



Scale nationally and across other clinical areas

Link-me+ Model of Care



Patient Questionnaire

Patient Questionnaire

- Mental health prognosis
- Tailored resources
- Support to provide personalised care



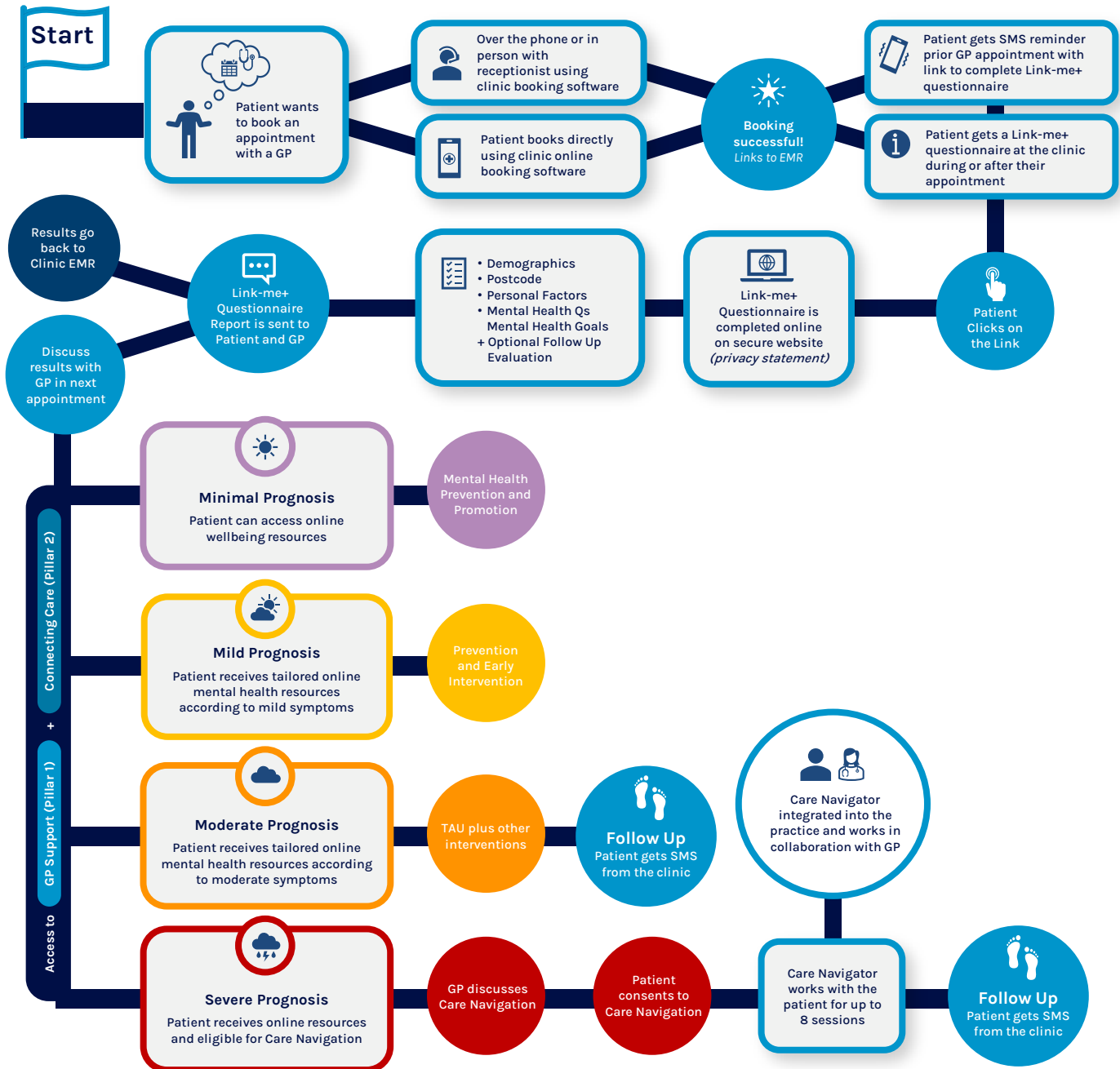
Care Navigators



Care Navigators (for patients with severe prognosis)

- Supported patient care
- Motivational interviewing
- Strengthened self-efficacy
- Service navigation support

Link-me+ Journey



Additional GP Supports

Service Navigation Support

- Support Connect referral advice line
- Online Service Directory



GP Education and Support

- Capacity building in complex mental health areas
- Connections to local networks

Thank you!



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