

## POLAR Walkthrough- Patients eligible for a GP Mental Health Treatment Plan or Review

<b>Step 1</b> Open POLAR under Reports select the Clinic Summary Report	Polarexplorer.org.au/login
	Clinic Summary Demo (BETA) New version released December 2024
<b>Step 2</b> -Select the Shortcut RACGP & Practice Active Patients	Quick Filters RACGP & Practice Active Patients
<b>Step 3</b> -Select MBS/Tracked MBS	Clinica MBS Practice Help Diabetes Cycle of Care Tracked MBS Potential Revenue MBS Revenue this quarter MBS Services spliance lata in 2025 ( 25

## POLAR Walkthrough- Patients eligible for a GP Mental Health Treatment Plan or Review



rend

#### Step 4

The report will default to opening in the tracked MBS item GPMP Change this to GP Mental Health Plan. You can do this by either:

-Select GP Mental Health Plan from the drop down menu under the heading Selected TMBS Item

#### Or

-Click on GP Mental Health Plan in the Tracked MBS table below

2,199 № 0 View Patient Cohort Future Eligibility Claimed Service View Tracked MBS Item Active Active 0 GPMP 2,324 230 0 TCA 2,075 230 2007 Patients Clinical Mits Prace 199 № 0 For the set of	RA	COP Active	0				
Overview   Patient Cohort   Future Eligibility   Claimed Service     View   Tracked MBS Item   Active   Active     O   GPMP   2,324   230     O   TCA   2,075   230     O   TCA   2,075   230     O   TCA   2,075   230     O   TCA   2,075   230     Top   O   Eligibility   Fulleres     199   O   Decided TMBS Item   Tracked MBS Item     O   Patient Cohort   Future Eligibility   Claimed Services Trend     View   Tracked MBS Item   Active   Active Review   Tracked MBS Item     O   GPMP   2,324   230   3     O   TCA   2,075   230   3     O   TCA   2,075   230   3     O   Tota   2,075   230   3 <th>2,19</th> <th>9 👱 (</th> <th>Select</th> <th>ed TMBS iter P</th> <th>n</th> <th></th> <th>_</th>	2,19	9 👱 (	Select	ed TMBS iter P	n		_
View   Tracked MBS Item   Active   Active     GPMP   2,324   230     TCA   2,075   230     Deard   Patients   Clinical   MuS   Patients   Help     199   0   Decoded TMBS Item   Tracked MBS Item   Active   Active Review   Tracked MBS Item   Active Active Review   Tracked MBS Item   Active   Active Review   Tracked MBS Item   Active Active Review   Tracked MBS Item   Active Active Review   Tracked MBS Item   Active Active Review   Tracked MBS Item   Active Active Review   Tracked MBS Item   Active Active Review   Tracked MBS Item   Tracked MBS Item   Tracked MBS Item   Active Active Review   Tracked MBS Item   Tracked MBS Item<			verview Patient Cohort	Future	Eligibility	Claime	ed Service
Image: Control of the second secon			iew Tracked MBS Item			Active	Active
TCA   2,075   230     Sourd   Patients   Clinical   Muls   Practice   Mulp     None   Control   Muls   Practice   Mulp   The     199   0   Checked TMSS Jam   The   Control   The     199   0   Checked TMSS Jam   The   Control   The     View   Tracked MBS Item   Active   Active Review   Control   Control <td< td=""><td></td><td></td><td>G GPMP</td><td></td><td></td><td>2,324</td><td>230</td></td<>			G GPMP			2,324	230
Dotard   Patients   Clinical   Multiple   Help     RCGP Active   ©			TCA			2,075	230
View   Tracked MBS Item   Active   Active Review   1     Image: CPMP   2,324   230   3     Image: CPMP   2,324   230   3     Image: CPMP   2,075   230   3     Image: CPMP   3   Not Applicable   7     Image: CPMP   3   Not Applicable   1     Image: CPMP   1   300   Not Applicable   2     Image: CPMP   Sessement   66   Not Applicable   2     Image: CPMP   Image: CPMP   1,435   64   9	RACOPI Active	Active O	OP Mental Health Pl	an	-		
③   GPMP   2,324   230   3     ④   TOA   2,075   239   3     ④   TOA   2,075   230   3     ④   Heart Health Check   99   Not Applicable   7     ④   Indigenous Health Assessment   6   Not Applicable   7     ④   45-49 Health Assessment   63   Not Applicable   1     ④   75+ Health Assessment   300   Not Applicable   1     ④   75+ Health Assessment   300   Not Applicable   2     ④   Chronic Disease Nurse Assessment   66   Not Applicable   2     ④   Indigenous Nurse Assessment   0   Not Applicable   1     ④   GP Mental Health Plan   1,435   64   9	RACOP Active	Active ©	GP Mental Health Pl Patient Cohort Future Eligibi	an Ity Claime	d Services Tr	Tre @	
Image: Construction of the second	RACOP Active	Attive C	Patient Cohort Future Eligibit	an Ity Claime Active	d Services Tr Active Revi	Tre end	
Preat Instant Uneck Y Not Applicable 7 Indigenous Health Assessment 6 Not Applicable 7 45-49 Health Assessment 300 Not Applicable 1 Home Medication Review 35 Not Applicable 2 Chronic Disease Nurse Assessment 6 Not Applicable 1 O Indigenous Nurse Assessment 0 Not Applicable 1 O GP Mental Health Plan 1,435 64 9	Active	Astive ©	Patient Cohort Future Eligibi Tracked MBS Item GPMP	an lity Claime Active 2,324	d Services Tr Active Revi 230	rend	
Als-49 Health Assessment G Als-49 Health Assessment Also Als-49 Health Assessment Also Als-49 Health Assessment Also	Active	Active ©	Patient Cohort Future Eligibit Tracked MBS Item GPMP TCA	an lity Claime Active 2,324 2,075	d Services Tr Active Revi 230 230	rend evv 3 3	
Image: Constraint of the set of the	RACSP Active	Active O	Patient Cohort Future Eligibi Tracked MBS Item GPMP TCA Heart Health Check	an Claime Active 2,324 2,075 99	d Services Tr Active Revi 230 230 Not Applica	rend ew able 7	
Image: Chronic Disease Nurse Assessment   66   Not Applicable   2     Image: Chronic Disease Nurse Assessment   66   Not Applicable   2     Image: Chronic Disease Nurse Assessment   0   Not Applicable   1     Image: Chronic Disease Nurse Assessment   0   Not Applicable   1     Image: Chronic Disease Nurse Assessment   0   Not Applicable   1     Image: Chronic Disease Nurse Assessment   0   Not Applicable   1     Image: Chronic Disease Nurse Assessment   0   Not Applicable   1     Image: Chronic Disease Nurse Assessment   0   Not Applicable   1	,199	Active ©	Patient Cohort Future Eligibi Tracked MBS Item GPMP TCA Heart Health Check Indigenous Health Assessment 45-49 Health Assessment	an lity Claime 2,324 2,075 99 6 43	d Services Tr Active Revi 230 230 Not Applict Not Applict	tend ew able 7 able 7 able 4	
Chronic Disease Nurse Assessment 66 Nor Applicable 2 Indgenous Nurse Assessment 0 Nor Applicable 1 Ge GP Mental Health Plan 1,435 64 9	,199	Active ©	Patient Cohort Future Eligibi Tracked MBS Item GPMP TCA Heart Health Check Indigenous Health Assessment 45-49 Health Assessment 75- Health Assessment	an lity Claime 2,324 2,075 99 6 63 300	d Services Tr Active Revi 230 Not Applics Not Applics Not Applics	ew a able 7 able 4 able 1	
Indigenous Nurse Assessment O Not Applicable GP Mental Health Plan 1,435 64 9	84C0+	Active ©	Patient Cohort Future Eligibil Tracked MBS Item GPMP TCA Heart Health Check Indigenous Health Assessment 45-49 Health Assessment 75- Health Assessment Home Medication Review	an Claime Active 2,324 2,075 99 6 63 300 35	d Services Tr Active Revi 230 230 Not Applics Not Applics Not Applics Not Applics	rend ew able 7 able 7 able 1 able 1 able 2	
GP Mental Health Plan 1,435 64 9	,199		Patient Cohort Future Eligibi Tracked MBS Item GPMP TCA Heart Health Assessment 45-49 Health Assessment 75+ Health Assessment Home Medication Review Chronic Disease Nurse Assessment	an Claime 2,324 2,075 99 6 43 300 35 66	d Services Tr Active Revi 230 230 Not Applics Not Applics Not Applics Not Applics Not Applics	ew shie 7 able 7 able 1 able 2 able 2	
	,199	Active ©	Patient Cohort Future Eligibi Tracked MBS Item GPMP TCA Heart Health Check Indigenous Health Assessment 45-49 Health Assessment TS- Health Assessment Home Medication Review Chronic Disease Nurse Assessment Indigenous Nurse Assessment	an Claime 2,324 2,075 99 6 63 300 35 66 0	d Services Tr Active Revi 230 230 Not Applici Not Applici Not Applici Not Applici Not Applici	ew a sebie 7 sebie 7 sebie 2 sebie 2 sebie 2 sebie 1	

#### Step 5

Using the red boxes under the heading To Action, select either:

#### Never Hadpatients that have never had a GP Mental Health Plan billed from your practice. Expiredpatients who

have had GP

To Action 984 Never Had Expired Combined

÷

# POLAR Walkthrough- Patients eligible for a GP Mental Health Treatment Plan or Review



Mental Health Plan in the past but this has now expired. <b>Combined-</b> Both above lists combined. The table will populate below.	
Stop 6	
-Select Patient	Patient List
List to view	
patient names	
	Export Data
-Select Export	
the Patient List	
to Excel	
You can	
provider and	
print if needed	
Reviews	
Stop 7	
Step /	
patients that	
are eligible for	Si Co Active S Active Active
review of their	Patiente
Health Plan:	
-Remove all	Active
filters except	Active
Active and	
RACGP Active	
in the grey	

ribbon

## POLAR Walkthrough- Patients eligible for a GP Mental Health Treatment Plan or Review



Step 8 Using the Tracked MBS Review Eligibility: -Select the frequency option that is relevant for your practice	Tracked MBS Review Eligibility 3 Months 6 Months 9 Months
Step 9 -Select the blue For Review under the Partially Claimed heading	Partially Claimed 477 For Review For Renew
-Select patient list to view your list -Select Export Data to export to Excel and sort as per above.	Patient List Export Data



### Where to get help

**EMPHN general practice improvement & digital enablement:** digitalhealth@emphn.org.au.