

About Us

The Healthy Ageing Service (HAS) supports older people (>65, Aboriginal or Torres Strait Islanders >50) who are experiencing, or at risk of experiencing, mental health concerns.

We service the following local government areas:

- Banyule
- Manningham
- Knox
- Maroondah
- Monash
- Whitehorse
- Nillumbik
- Mitchell (part)
- Whittlesea
- Yarra Ranges (part)
- Boroondara
- Murrindindi (part)

This Commonwealth funded service is free of charge.



Our Team

Our team members include:

Consultant Psychiatrist
Senior Psychiatry Registrar
Mental Health Nurse
Psychologist
Social Worker
Occupational Therapist
Peer Support Worker
Wellbeing Worker
Therapy Dog

You may work with one or more of our team members depending on your support requirements.

St Vincent's Aged Mental Health makes every effort to promote community acceptance and reduce the stigma for people with mental health problems or disorders.

We welcome people of all faiths, cultural background, gender, ability and sexual orientation. Within our hospital, every patient is equal. We are here to help you.

Every effort has been made to ensure that resources in this booklet are up to date and information is accurate at the time of printing.



Healthy Ageing Service

Our Service



Primary Consultation

HAS offers Psychiatric Assessments for diagnostic clarification, and medication/ treatment recommendations.

Brief Intervention

HAS offers individual mental health support in your own environment. Our support is person-centred and offered by members of our multi-disciplinary team. We also offer Canine Assisted Therapy. We support you and your GP with your mental health goals during our brief intervention.

Group Programs

We offer group programs in community and residential aged care settings that aim to promote mental wellbeing and assist with managing mild mental health symptoms.

Second Consultation

HAS offers a secondary consultation service, whereby GPs/ health professionals can contact us directly for advice related to their patient's mental health and wellbeing. We have doctors and mental health clinicians available to respond to a request on the same day.



How to refer

T. 9231 8443

F. 9231 8503

E. HAS@svha.org.au