# **Healthy Ageing** Service



# **About Us**

The Healthy Ageing Service (HAS) supports older people (>65, Aboriginal or Torres Strait Islanders >50) who are experiencing, or at risk of experiencing, mental health concerns.

This Commonwealth funded service is free of charge.

### **Primary Consultation**

HAS offers Psychiatric Assessments for diagnostic clarification, and medication/treatment recommendations.

#### **Brief Intervention**

HAS offers individual mental health support in your own environment. Our support is person-centred and offered by members of our multi-disciplinary team. We also offer Canine Assisted Therapy. We support you and your GP with your mental health goals during our brief intervention.

# **Group Programs**

We offer group programs in community and residential aged care settings that aim to promote mental wellbeing and assist with managing mild mental health symptoms.

#### **Second Consultation**

HAS offers a secondary consultation service, whereby GPs/health professionals can contact us directly for advice related to their patient's mental health and wellbeing. We have doctors and mental health clinicians available to respond to a request on the same day.

## We service the following Local **Government Areas:**

Banyule

Manningham

 Knox Monash Maroondah

Whitehorse

Nillumbik

· Mitchell (part)

Whittlesea

Yarra Ranges (part)

Boroondara

Murrindindi (part)

#### Our team members include:

Consultant Psychiatrist Senior Psychiatry Registrar

Mental Health Nurse

Psychologist

Social Worker

Occupational Therapist

Peer Support Worker

Wellbeing Worker

Therapy Dog

# Contact HAS to refer:

T. 92318443

F. 92318503

E. HAS@svha.org.au



An Australian Government Initiative

The Healthy Ageing Service is supported by Eastern Melbourne PHN

# **Healthy Ageing Service**





		Date:
Consent to Referral: Y	ES NO	
First Name:	Last Name:	D.O.B:
Address:		
Contact Number: Email Address:		
Gender:	Country of Birth:	Religion/Culture:
Preferred Language:	D	o you require an interpreter?: YES NO
Aboriginal and Torres: Aboriginal Aboriginal and Torres Strait Islander Torres Strait Islander  Strait Islander Status: N/A		
Marital status:		
Employment status: Employed F/T Employed P/T Unemployed Retired		
Income Type		
Aged pension Disability pension Superannuation DVA pension		
Investments Compensation NDIS Other:		
Medicare Number:		
Referrer and GP Details:		
Summary of problems/ what are you hoping this referral will assist with:		
Referrer Name:	0	SP Name:
Profession:	C	Clinic:
Company:		Contact details:
Emergency Contact Details:		
Name:	Relationship:	Contact Details: