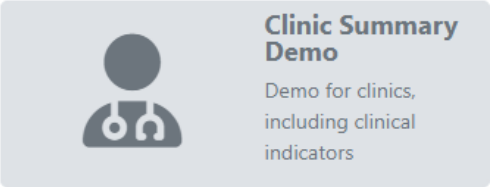
POLAR Walkthrough - Thunderstorm Asthma

Identify patients at risk

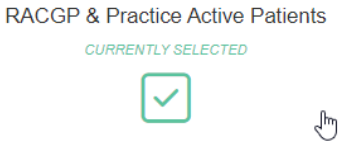
Step 1

Open POLAR and from the Reports Select Clinic Summary Report



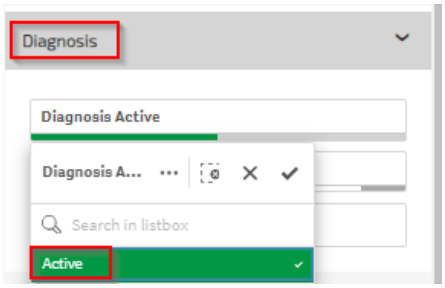
Step 2

Add the Active and RACGP Active patient filters via the shortcut on the right-hand side



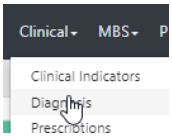
Step 3

Select Diagnosis then select Diagnosis Active filter from the filters on the left-hand side



Step 4

Under Clinical select Diagnosis

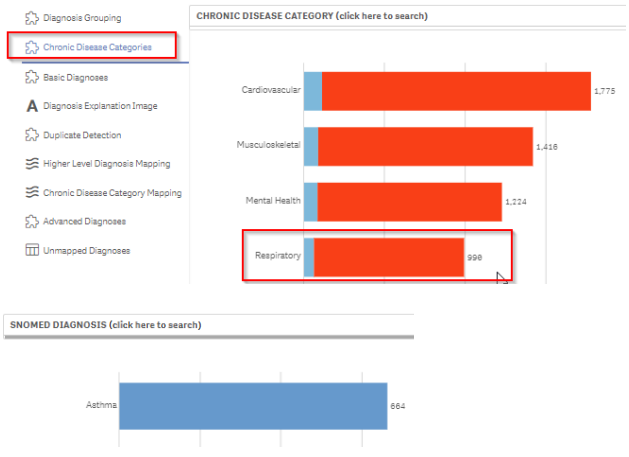


Step 5

From the Chronic Disease categories tree select Respiratory

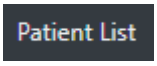
Then select Asthma under the Snomed Diagnosis

This is a list of your Active/RACGP Active patients with a diagnosis of Asthma



Step 6

Go to patient list up the top right-hand side to export the list for sorting

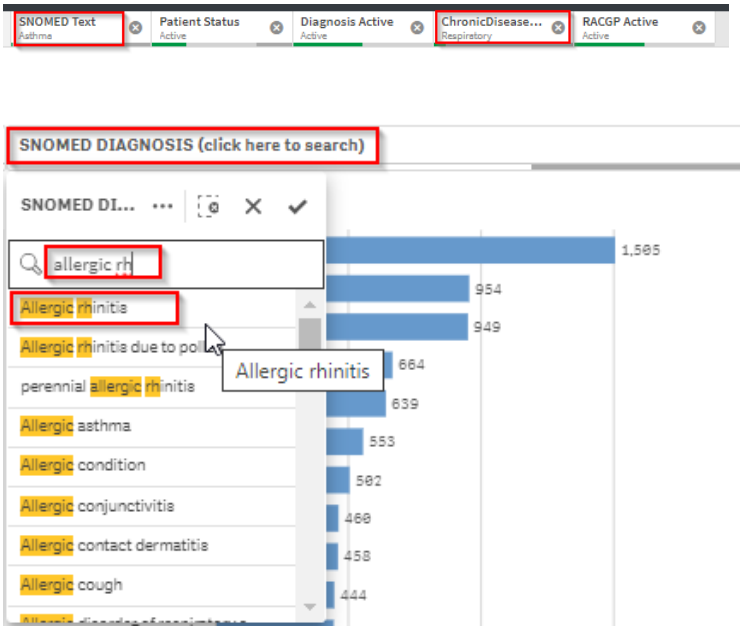


Step 7

Remove SNOMED Text Asthma and the Chronic Disease Respiratory filter by selecting the X then under Diagnosis/Diagnosis Snomed type in the search Allergic rhinitis then select the appropriate diagnosis

This is a list of your Active/RACGP Active patients with a diagnosis of allergic rhinitis

Repeat Step 6



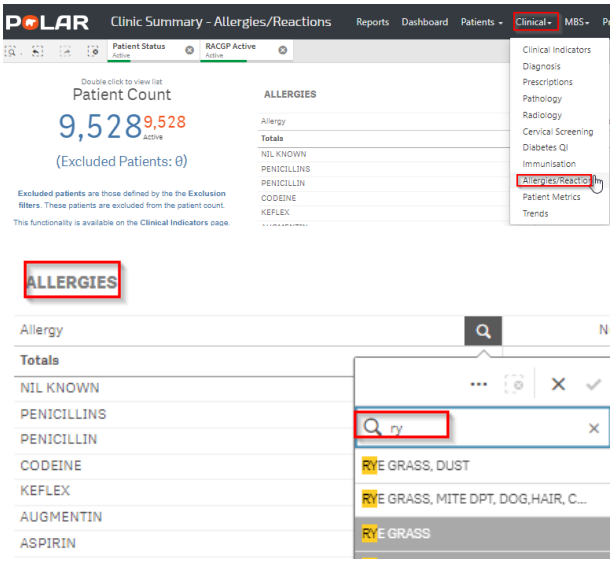
Step 8

You may want to do additional searches for the following cohorts: Patients who have a confirmed allergy to Rye Grass

This can be found under Clinical Allergies/ Reactions

Type Rye in the search or allergic rhinitis and select the appropriate allergies. You may need to select several depending how your Clinicians are recording.

Repeat Step 6



Next Search:

Consider other searches example:

- Patients with a diagnosis of Asthma not taking preventer medication
- identification of patient cohorts with Asian ethnic background or young adult age group.

Where to get help

EMPHN general practice improvement & digital enablement:
digitalhealth@emphn.org.au.