

# IAR-DST training workshops for GPs and mental healthcare workers

The Initial Assessment and Referral Decision Support Tool (IAR-DST) for mental health care assists general practitioners and clinicians in recommending a level of care for a person seeking mental health support.



## The IAR- DST:

- provides a framework for GPs and clinicians to consider consumers presentation in the context of 8 holistic assessment domains and may also act as a prompt about the information to gather.
- aims to provide: a common approach and language for communicating the intensity of the treatment response (level of care) across service providers.

## The 2-hour training will focus on:

1. Introduction to the IAR-DST and the development of the National Guidance.
2. Orientation to the domains, levels of care, and Decision Support Tool.
3. Clinical judgement and supported decision-making.
4. Practical application of the IAR-DST using a training scenario.

A once off \$300 payment (excl. GST) is available for eligible GPs who complete the two-hour training\*.

Contact us for in-person training at your practice (minimum numbers may apply).

RACGP CPD Approved Activity		
Educational Activities	Measuring Outcomes	Reviewing Performance
1.5	00	0.5
hours	hours	hours



## Further information

For more information please visit the EMPHN website: [www.emphn.org.au/iar-dst](http://www.emphn.org.au/iar-dst) or scan the QR code

Contact: [iar.info@emphn.org.au](mailto:iar.info@emphn.org.au) or 03 9046 0301

\* GPs/GP registrars whose principal place of practice is within the EMPHN catchment must attend the full two-hour training to receive the payment. GPs will not be paid for attending this training if attending on behalf of an organisation as a salaried position funded by the Commonwealth or if they have previously been paid for attending this training.

**phn**  
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