

About Us

The Healthy Ageing Service (HAS) supports older people who are experiencing, or at risk of experiencing, mental health/psychological concerns.

We support people aged 65 years and older (or 50 years and older for Aboriginal and Torres Strait Islander people), who live in the North-Eastern suburbs of Melbourne.

This Commonwealth funded service is free of charge.

Our Team

Our multidisciplinary team members include:

Consultant Psychiatrist
Senior Psychiatry Registrar
Mental Health Nurse
Psychologist
Social Worker
Occupational Therapist
Peer Support Worker
Wellbeing Worker

You may work with one or more of our team members depending on your support requirements.

St Vincent's Aged Mental Health makes every effort to promote community acceptance and reduce the stigma for people with mental health problems or disorders.

We welcome people of all faiths, cultural background, gender, ability and sexual orientation. Within our hospital, every patient is equal. We are here to help you.

Every effort has been made to ensure that resources in this booklet are up to date and information is accurate at the time of printing



**ST VINCENT'S
HOSPITAL**
MELBOURNE

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EASTERN MELBOURNE
An Australian Government Initiative

HEALTHY AGEING SERVICE

Our Services

Primary Consultation

HAS offers primary consultations, which is a medical assessment with a doctor and a mental health clinician, mainly for the purposes of diagnosis or medication advice.

Brief Intervention

HAS offers individual brief intervention support, which includes psycho-social support with a mental health clinician for approximately 3 months. You may see a doctor and a peer support worker as well. We work with you, your general practitioner (GP) and your care team to identify goals, develop a collaborative care plan, and monitor your progress.

Group Programs

We offer group programs in community and residential aged care settings that aim to promote mental wellbeing, and assist with managing mild mental health symptoms.

Secondary Consultation

HAS offers a secondary consultation service, where health professionals and GPs can contact us directly for advice related to their patient's mental health and wellbeing. We have doctors and clinicians available to respond to a request within 72 hours.

Interpreters

If you need or would like an interpreter, we can arrange a professional interpreter for your health assessment and for meetings with you and your carers.

Community Linkages

When your sessions with the HAS program are completed, we can also support you to link in with services in the community for ongoing support and connection.

How to refer

CONTACT HAS:



92318443



HAS@svha.org.au

Other Contacts

- St Vincent's Psychiatric Triage: 1300 558 862
- Eastern Health Psychiatric Triage: 1300 721 927
- Northern Specialised Older Adults Consultation Service (SOACS): 1300676227
- Fire, Police, Ambulance: 000
- Lifeline (24/7): 131114
- Grief Line: 1300 845 745
- Beyond Blue: 1300 224 636
- Suicide Helpline: 1300 651 251
- Mensline: 1300 789 978



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