

# Suicide and its prevention among older adults

# For general practitioners and practice nurses

This session will explore reasons for the high rates of suicide especially among older adults and discuss ways of identifying suicidal patients. Risk assessment tools and safety planning strategies that can be implemented at a primary care level will be discussed.

## Presented by:

#### **Professor Kuruvilla George**

Director of Medical Services, Peter James Centre and Wantirna Health Clinical Director of Aged Persons Mental Health and ECT, Eastern Health Conjoint Clinical Professor Deakin University and Adjunct Associate Professor Monash University

#### **Yvonne Banks and Nadine Corteling**

Clinical Nurse Consultants, Peter James Centre

### Learning outcomes:

This interactive session will\_explore:

- reasons for high suicide rates in older people
- methods of identifying suicidal patients at the primary care level
- risk assessments at a primary care level for suicidal patients
- safety planning that can be put into place for atrisk patients

#### **Event Details**

- Date: Thursday 21 February 2019
- Venue: North Seminar Rooms 2 and 3 Peter James Centre Corner of Mahoneys Road and Burwood Highway, Burwood East
- Time: 6.30pm registration & light supper 7–9pm session
- Parking: Free onsite parking, 2 hour street parking is available in the surrounding streets.

**Register now** 

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