

# Thinking outside the pill box

## A whole-of-person approach to chronic pain

SafeScript has provided clinicians with a strong impetus to find alternative interventions that complement existing treatments for patients who live with chronic pain. Join our expert multidisciplinary panel as they use the biopsychosocial model of pain to discuss pragmatic and evidence-based interventions aimed to improve outcomes for people living with persistent pain.

### Learning outcomes

Join our panel of expert speakers on this interactive webinar as they discuss options for intervention in the management of chronic pain, including:

- the biopsychosocial model of chronic pain
- physiotherapy for the management of relapse and flare-ups
- cognitive behavioural therapy
- mindfulness-based cognitive therapy
- social prescribing
- the place of pharmacotherapy in addressing co-morbid substance dependence and chronic pain.

### Event details

**Date:** 13 October 2020

**Registration:** [Zoom webinar.](#)

After registering, you will receive a confirmation email containing information about the webinar

**Time:** 7.00-9.00pm



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