

Expression of Interest

Building capacity to improve person centred care in General Practice

Background

General Practice is the cornerstone of an individual's healthcare team. The EMPHN catchment has 392 practices of which 70% employ one or more nurses.

Primary Care Nurses within the catchment have a diverse scope of practice and are well positioned to address the emerging healthcare challenges.

Building on trusting patient relationships, they have the capacity to integrate and coordinate relevant members of the broader health care team and fill the need as health coaches, educators, chronic care managers and care coordinators.

Aim of the project

The focus of this program is to enhance current capacity and support capability building within the Primary Care Nursing workforce, which will take management of chronic disease to the next level.

Workshop training

A suite of professional development workshops, webinar and supported mentoring sessions have been developed to build the skills of primary care nurses, to align with the Australian Government's overall plan for how care will be delivered under the proposed HCH model.

Kim Poyner, from MediCoach, will facilitate the workshop, webinar and mentoring sessions.

Workshop and Webinar training dates

- **Orientation session:** 90 min workshop (Principal GP, PM and PN attendance)
Date: Tuesday 28 May 2019
6.00pm-8.00pm
Location: Beau Monde, Doncaster East
- **GoShare:** 1 hour (PN Attendance)
Date: Week commencing 24 June 2019
Time: TBA
Location: Via Webinar
- **Behaviour Change Workshop for Patient Engagement:** 3 hour workshop (3.5 APNA endorsed CPD) (PN attendance)
Date: Tuesday 16 July 2019
12.00pm-3.30pm
Location: EMPHN Box Hill Office
- **Care Coordination:** 3 hour workshop (PN attendance)
Date: Tuesday 13 August 2019
12.00pm-3.30pm
Location: EMPHN Box Hill Office
- **Integrated Care Model:** 3 hour workshop (PN attendance)
Date: Tuesday 17 September 2019
12.00pm-3.30pm
Location: EMPHN Box Hill Office

- **Evaluation session: 90 min workshop**
(Principal GP, PM and PN attendance)
Date: Tuesday 8 September 2020
6.00pm-8.00pm
Location: Beau Monde, Doncaster East
- **6 group mentoring sessions (60mins) via teleconference to support skill development.**
Teleconference time: 12.00-1.00pm

Tuesday	30 July 2019
Tuesday	27 August 2019
Tuesday	8 October 2019
Tuesday	12 November 2019
Tuesday	11 February 2020
Tuesday	12 May 2020

- **Apply health coaching skills to a small group of patients**

Recruit 12-15 patients with a BMI >30 to participate in a health coaching program over 12 months.

The practice will have access to a digital library of patient information and other tools to monitor patient's progress.

What is in it for the practice?

- **Support practice nurses to work with patients to build skills, confidence and trust**
- **Engage patients to be active in their care**
- **Promote patient-practice partnerships**
- **Better use of care coordination and chronic disease management item numbers**

Practice support

EMPHN Facilitator will provide 5 practice support visits throughout the duration of the program and will be available as required to support the practice in patient identification, data collection and program implementation.

Incentive payments

Participating general practices will receive 5 incentive payments to a total value of \$10,000 upon attendance at workshops, webinars, teleconferences and data submission.

How do I apply for participation in this program?

EMPHN will be releasing this expression of interests via an online system ([eProcure](#)). This system enables EMPHN to provide a transparent and accountable process in line with Commonwealth guidelines.

Registering is free, and easy to do, just follow these steps:

1. Follow this [link](#)
2. Complete the registration form
3. Select register

You will then be able to complete the Expression of Interest. Please note, the Practice not individual Nurses must submit the expression of interest.

A helpdesk is available to assist with questions related to eProcure. T: 1800 377 628 or use the online chat service.

Applications open: 5 April 2019

Applications close: 9am on 23 April 2019

Enquiries

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Please note, there is a limit of one nurse per clinic.