

Suicide Prevention for Seniors Program



If you work with older people and would like to learn how to help prevent suicide, this program can provide the training you need. This program is QIP accredited and meets the Suicide Prevention Australia standards.

Training

The program is underpinned by evidence and will give you practical strategies to have a conversation with empathy, determine whether the person is having thoughts of suicide, support the person with a safety plan and referral. In addition, this training will teach you about the common causes of suicidal behaviour and particular issues surrounding suicide in older adults including risk and protective factors.

Group booking available.

Time invested

3 hours, online via Zoom.

Cost

Free, funded by the Australian and NSW Governments.

Over
5,000
people
trained

Eligibility

This program is suited to anyone who works closely with older people. This includes aged care workers, retirement living staff, allied health staff, pharmacists, medical centre staff, as well as concerned family members or friends. **You will need internet access to take part.**

CPD Points

Self-directed CPD points apply and certificate provided upon request.



How to register

To register for this program please scan this QR code, or visit www.anglicare.org.au/suicideprevention

Did you know?

Australian men and women aged 85 and over have the highest age-specific suicide rates, yet they are less likely to use mental health services. That's where you come in.

