



2 October 2018

Stop male suicide

Male suicide prevention gatekeeper training

For community workers and volunteers, health and social care professionals and people working with men and boys.

Men are three times more likely to take their own lives but less likely than women to report feeling suicidal, making it more difficult to identify and help men at risk. If you want to learn how you can help prevent male suicide, this training will give you the knowledge, the skills and the confidence you need to identify men at risk, talk with them about suicide and point them in the right direction. This training supports Eastern Melbourne PHN's Place-Based Suicide Prevention trial in the City of Maroondah.

Presenter

Glen Poole has 20 years' experience working with men and boys in the UK and Australia. He is a leading authority on men's issues and founder of the Stop Male Suicide project.

What participants learn

- **the pathways to male suicide:** which men and boys are most at risk of suicide and why?
- **how to spot a man with a suicide plan:** and know what action you can take
- **to talk or not to talk:** understanding the ways men cope and how to work with masculine strengths to help men get help
- **keeping suicidal men safe:** a solution-based approach to help stop male suicide

Registration

Places are strictly limited and priority will be given to people who work in the City of Maroondah.

If after registering you find that you are unable to attend, please cancel your registration through Eventbrite or by contacting events@emphn.org.au or 9046 0300 so your place can be allocated to someone on the waiting list.

We encourage you to assess your level of resilience when undertaking this training as it is not a counselling or therapeutic service. We recommend that if you are currently distressed or have been recently bereaved by suicide, to delay participating until those experiences have settled.

If this information has raised concerns for you, we encourage you to seek support by contacting **Lifeline 13 11 14, Suicide Call Back Service 1300 659 467 or SuicideLine (Victoria) 1300 651 251.** Always call 000 in an emergency.

Event Details

- Date: Tuesday 2 October 2018
- Venue: Realm, Ringwood Town Square
179 Maroondah Hwy
Ringwood
- Time: **9.00am** registration
9.15am - 5.00pm training
- Parking: Eastland (fees apply)
Free on-street parking may be available in nearby streets (observe restrictions)
- RSVP: Monday 24 September 2018

Registration

[Register now](#)

Or: <https://bit.ly/2NJklr0>

Enquiries: Josie Terron 9046 0300 or events@emphn.org.au

**STOP
MALE
SUICIDE**

