

# Stop male suicide

# Male suicide prevention gatekeeper training

For community workers and volunteers, health and social care professionals, and people working with men and boys.

Men are three times more likely to take their own lives but less likely than women to report feeling suicidal, making it more difficult to identify and help men at risk. If you want to learn how you can help prevent male suicide, this training will give you the knowledge, the skills and the confidence you need to identify men at risk, talk with them about suicide and point them in the right direction. This training supports Eastern Melbourne PHN's Place-Based Suicide Prevention trial in the City of Maroondah.

#### Presenter

**Glen Poole** has 20 years' experience working with men and boys in the UK and Australia. He is a leading authority on men's issues and founder of the Stop Male Suicide project.

### What participants learn

- The pathways to male suicide: which men and boys are most at risk of suicide and why?
- How to spot a man with a suicide plan: and know what action you can take
- To talk or not to talk: understanding the ways men cope and how to work with masculine strengths to help men get help
- Keeping suicidal men safe: a solution-based approach to help stop male suicide

## Registration

Places are strictly limited and priority will be given to people who work in the City of Maroondah. "Register now" button or register via <a href="https://bit.ly/2kfM7yq">https://bit.ly/2kfM7yq</a>

If after registering you find that you are unable to attend, please cancel your registration through Eventbrite or by contacting <a href="mailto:events@emphn.org.au">events@emphn.org.au</a> or 9046 0300 so your place can be allocated to someone on the waiting list.

#### **Event Details**

Date: Friday 22 June 2018

Venue: Maroondah Sports Club

Corner Mount Dandenong and Dublin Rds

Ringwood East

Time: **8.45am** registration

**9.00am – 5.00pm** session

Parking: Onsite

RSVP: Wednesday 13 June 2018

Registration

Register now

Enquiries: Josie Terron 9046 0300 or

events@emphn.org.au

