

Medical support checklist:

When a resident is unwell complete this before you call for assistance

Introduction

Resident name:

Resident date of birth:

Situation

Main presenting problem:

Background

Check resident's advanced care plan for medical treatment preferences including location of care (at home versus hospital)

Have access to the following information:

- ▶ list of current medical conditions
- ▶ up to date family, GP and Medical Treatment Decision Maker contact details
- ▶ up to date medication chart including allergies
- ▶ the resident's baseline vital signs and functional status (e.g. mobility, transfers)

Assessment

Record the resident's vital signs:

▶ temperature

▶ respiratory rate

▶ CURRENT conscious state/GCS

▶ blood pressure

▶ oxygen saturation

▶ other signs and symptoms of concern

▶ heart rate

▶ USUAL conscious state/GCS

Medical support checklist (continued...)

Glasgow Coma Score

NB. A new GCS < 13 is a criteria for a patient being time critical

| E. Eye Opening | | Score | |
|---------------------------------------|-----------------------------|-------|-----|
| | Spontaneous | 4 | |
| | To voice | 3 | |
| | To pain | 2 | |
| | None | 1 | E = |
| V. Verbal Response | | Score | |
| | Orientated | 5 | |
| | Confused | 4 | |
| | Inappropriate words | 3 | |
| | Incomprehensible sounds | 2 | |
| | None | 1 | V = |
| M. Motor Response | | Score | |
| | Obeys command | 6 | |
| | Purposeful movements (pain) | 5 | |
| | Withdraw (pain) | 4 | |
| | Flexion (pain) | 3 | |
| | Extension (pain) | 2 | |
| | None | 1 | M = |
| Total GCS (maximum score = 15) | | | |
| (E + V + M) = | | | |

Recommendation

▶ Low to medium acuity conditions:

- Contact nurse on-duty and refer to GP/Locum service if required
- Residential In-Reach (RiR) call 1300 65 75 85 to be directed to your local provider (metro only), or
- Victorian Virtual ED (VVED) register online at vved.org.au (available 24-hours, 7-days)

▶ High acuity conditions:

- For immediate time-critical emergencies call Triple 000

▶ Palliative Care referral options:

- Palliative Care Advice Service (PCAS) 1800 360 000 (available 7am to 10pm, 7-days)

Notes

