



Multidisciplinary Program

Perinatal in Practice

Audience:

GP Registrars; GPs; Psychologists; Social Workers; Nurses; Midwife

Duration:

6-hours face to face, plus morning tea, lunch and afternoon tea



Topics Covered

Topic 1 – Transition to Parenthood

Topic 2 – Understanding Attachment

Topic 3 – Screening & Diagnosis

Topic 4 – Postnatal Management

Topic 5 – Antenatal Management

This workshop aims to introduce health professionals to the current understanding of perinatal mood disorders and its management, using lecture, case studies and interactive exercises.

Learning Outcomes

- Recognise the psychosocial stressors that commonly affect parents in the perinatal period.
- Opportunistically screen women for perinatal mood disorders using a screening tool and clinical interview.
- Diagnose perinatal mood disorders as distinct from commonly experienced adjustment difficulties.
- Assess the risk of untreated perinatal depression for the mother-baby dyad.
- Select appropriate medications for pregnant and breastfeeding women when pharmacological treatment is indicated.
- Develop a comprehensive management plan using a MHTP for women with perinatal mood disorders.

Accreditation

- RACGP: 40 QI&CPD Category 1 (GPs)
- ACRRM: 30 PRPD (GPs)
- GPMHSC: Mental Health Skills Training (GPs)
 - Note: an application will be made to accredited this training for the 2020-2022 triennium
- Women's Health activity
- 6 hours CPD (Psychologists)

When:

Saturday, 21 March 2020

Where:

Jasper Hotel Melbourne,
489 Elizabeth Street
Melbourne, Victoria

Cost:

\$360 incl. GST

Contact Details:

Register **online** or at
education@blackdog.org.au



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