

# Black Dog Institute Perinatal in Practice



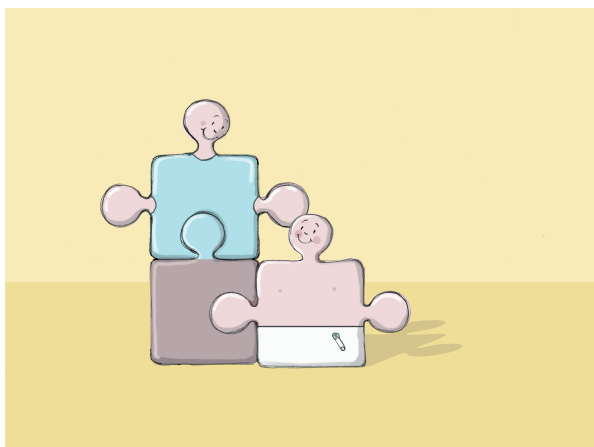
Upcoming Workshop for GPs, Midwives, Nurses, Psychologists and Allied Health Professionals

## Workshop Details

**When:** *Saturday 30th March 2019  
9.00am - 5.00pm*

**Where:** *Karstens, 123 Queen St  
Melbourne, VIC*

**Cost:** *\$360*



## Program Outline

The perinatal period is a time of heightened risk for a variety of mental health conditions. Despite the portrayal of early parenthood as a time of unmitigated joy and fulfilment, many new parents experience a different reality.

Our updated Perinatal in Practice program aiming to answer many clinical questions including:

- Is this a normal transition to parenthood or clinical depression?
- Can antidepressants be used in pregnancy and breastfeeding?
- What psychological strategies are useful in treating perinatal depression?

### Accreditation

- 40 RACGP QI&CPD Cat 1(MHST)
- Mental Health CPD (GPMHSC)
- 30 ACRRM PRPD
- 6 hours CPD (Psychologists)
- Australian College of Midwives CPD Recognised Activity

### Suitable for

GPs, Psychologists, Midwives, Nurses, Social Workers and other Allied Health Professionals



Register online  
or email [education@blackdog.org.au](mailto:education@blackdog.org.au)

