

The PIR Journey

Difficulties finding and coordinating the needed services

Contact PIR and check eligibility

Program acceptance, meet support facilitator

Goals set, priorities identified, plan in place

Positive life changes

Eastern Melbourne PHN is the lead agency for the Partners in Recovery program in the north and east of Melbourne.

www.emphn.org.au

Partners in Recovery

Brochure for people with a mental illness, their families and carers

"Everybody is working together and knows where we are all up to in my recovery journey which makes my goals more achievable." – Debbie (PIR participant)



wellways

mental health | disability | rehabilitation

neami national
Improving Mental Health and Wellbeing

mind
Supporting mental health recovery



phn
EASTERN MELBOURNE

An Australian Government Initiative

Partners in Recovery (PIR) provides linkages and coordination of support for people with long term mental health and complex service needs.

Do you, or someone you care for, experience:

- severe and long term mental health issues;
- complex needs requiring the involvement of multiple services and supports; and
- difficulty getting the help you need to make positive life changes?

How does Partners in Recovery work?

The PIR Support Facilitator will work with you, a nominated friend, carer or family member (as appropriate), as well as the professional supports you may already have, to establish a full picture of what is going on and what is needed to work towards recovery.

The role of the PIR Support Facilitator is to then help establish any more supports you may need, then to coordinate and collaborate with all involved to encourage personal control over your recovery and care decisions.

Support Facilitators will assist you to understand and access the NDIS (National Disability Insurance Scheme) if you are eligible or look for alternative ongoing supports.

National Disability Insurance Scheme (NDIS)

Website: www.ndis.gov.au **P:** 1800 800 110

For more information, or to check eligibility for Partners in Recovery in Melbourne's north and east

The referral process is uncomplicated and easy for you, your carer or support worker. Call the intake number below for the area you live in. All it takes is a conversation to check eligibility and the program is free and voluntary.

1. PIR Inner East covers the council areas of Boroondara, Manningham, Monash and Whitehorse
Contact and referrals: 1800 731 222
Support providers: Neami National, Wellways, Victorian Aboriginal Health Service (VAHS)
2. PIR Outer East covers the council areas of Knox, Maroondah and Yarra Ranges
Contact and referrals: (03) 9800 1071
Secure fax: (03) 8677 9510
Support providers: Neami National, Mind Australia, Victorian Aboriginal Health Service (VAHS)
3. PIR North covers the council areas of Banyule, Nillumbik, Whittlesea, Hume and Darebin
Contact and referrals: 1300 747 247 or pirintake@mindaustralia.org.au
Support providers: Neami National, Mind Australia, Victorian Aboriginal Health Service (VAHS)

