



July 2018

# Mental Health Stepped Care: an overview for GPs and practice managers

Eastern Melbourne PHN (EMPHN) invites general practitioners and practice managers to an interactive discussion on the Mental Health Stepped Care Model, including its phased implementation, transition arrangements, and winding down of former programs (Psychological Strategies and the Mental Health Nursing Services).

## Event overview:

Phase 2 of the Mental Health Stepped Care Model will become operational from 2 July 2018 in the Outer East (Cities of Knox, Maroondah and the Shire of Yarra Ranges).

The tender for the Phase 3 of Mental Health Stepped Care Model – Inner East covering the cities of Boroondara, Manningham, Monash, and Whitehorse will be released in late July 2018 and will be operational from 14 January 2019.

This session will provide:

- an overview of EMPHN's Mental Health Stepped Care Model and clinical staging
- an understanding of why EMPHN is moving to a Mental Health Stepped Care Model.
- details about the phased implementation
- an update on how the Mental Health Stepped Care is being delivered by providers in the north-east and outer east of EMPHN's catchment
- how to support consumers to transition to the new Mental Health Stepped Care Model
- an opportunity to ask questions.

## Event Dates

**Please choose one date when registering**

**Option one:** Tuesday 17 July 2018

**Venue:** Sage Hotel, Level 5, Eastland Shopping Centre, 211 Maroondah Hwy

**Time:** **8.00-9.30am** – Breakfast will be provided

**RSVP:** Thursday 12 July 2018  
(limited spaces available) [Book now](#)

**Option two:** Tuesday 17 July 2018

**Venue:** Eastern Melbourne PHN, 18-20 Prospect St, Box Hill

**Time:** **12.00-1.30pm** – Lunch will be provided

**RSVP:** Thursday 12 July 2018 [Book now](#)

**Option three:** Wednesday 18 July 2018

**Venue:** Eastern Melbourne PHN, 18-20 Prospect St, Box Hill

**Time:** **5.30-7.00pm** – Light dinner will be provided

**RSVP:** Friday 13 July 2018 [Book now](#)

**Option four:** Thursday 19 July 2018

**Venue:** Eastern Melbourne PHN, 18-20 Prospect St, Box Hill

**Time:** **8.00-9.30am** – Breakfast will be provided

**RSVP:** Monday 16 July 2018 [Book now](#)

**Parking at Sage Hotel:** via entry East 6 on Warrandyte Road), Ringwood VIC, at shopping centre car park rates.

**Parking at Box Hill:** Local parking available at \$1 for three hours, or street parking available

**Enquiries:** Josie Terron 9046 0300 or [events@emphn.org.au](mailto:events@emphn.org.au)