



Multidisciplinary Program

Managing Bipolar Disorder

Audience:

Counsellors; GP Registrars; GPs; Psychologists; Social Workers

Duration:

6-hours face to face, plus morning tea, lunch and afternoon tea



Topics Covered

Topic 1 – Assessment & Diagnosis

Topic 2 – Pharmacological Management

Topic 3 – Recovery & Wellness

Topic 4 – Diagnostic Dilemmas

The diagnosis and management of bipolar disorder presents many challenges to primary care clinicians. Our six hour highly interactive program explores the key issues and difficulties in the detection and treatment of bipolar disorder, equipping the clinician with the knowledge and skills required to deliver an integrated pharmacological and psychological approach best suited to the needs of people living with bipolar disorder.

Learning Outcomes

- Identify the key features of bipolar disorder
- Assess patients presenting with depression for possible underlying bipolar disorder
- Undertake a risk assessment for patients with bipolar disorder
- List common co-morbid conditions that accompany bipolar disorder
- Outline the pharmacological management of bipolar disorder
- Delineate the role of psycho-education and psychological strategies in achieving and maintaining well-being in patients with bipolar disorder

Accreditation

- RACGP: 40 QI&CPD Category 1 (GPs)
- ACRRM: 30 PRPD (GPs)
- GPMHSC: FPS CPD (GPs)
 - Note: an application will be made to accredited this training for the 2020-2022 triennium
- 6 hours CPD (Psychologists)
- Endorsed by Aust. Association of Social Workers (Social Workers)

When:

Saturday, 20th June 2020
9:00am - 5:00pm

Where:

Jasper Hotel

489 Elizabeth Street
Melbourne, VIC

Cost:

\$360 incl. GST

Contact Details:

Register **online** or at
education@blackdog.org.au



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