Psychiatric Secondary Consultation Service

For GPs and Eastern Melbourne PHN funded mental health services.

Mental Health Nurse Practitioner Service

Available: MON-FRI (1pm-5pm)

Consultant Psychiatrist Service

Available: 7 days a week inclusive of public holidays (response time 24 -48 hours)



P: 8814 2432



E: mhnpconsultant@emphn.org.au



P: 9046 0365 dictate your question *voice message to be responded to via email*



E: psychconsult@emphn.org.au

Over the phone case specific advice and consultation provided by Mental Health Nurse Practitioner

- General advice
- Comprehensive Psychiatric assessment
- Diagnostic and clinical investigation recommendations to inform clinical decision making
- Care planning recommendations
- Service navigation and collaboration
- Psychopharmacological and non-pharmacological recommendations
- Option to consult with the consultant psychiatrist for complex care decisions to obtain optimal outcomes

Email response of de-identified, case specific or general advice seeking enquiries provided by Consultant Psychiatrist

Service appropriate for clients with:

- Complex presentations
- · Poly pharmacy and medication
- Multiple co-morbidities
- Complex physical health
- · Co-occurring health issues

Provides recommendations, pharmacological advice and diagnostic clarification

MHNP recommendations provided

- Over the phone
- Summary via Fax OR
- De-identified summary via email

The Nurse Practitioner may refer by email to psychiatrist for further consultation

Psychiatrist recommendations provided

- De-identified summary via email
- Email response within 24–48 hours
- Follow up phone call can be arranged if more input is required

