# Mental Health Stepped Care Referral Form

phn EASTERN MELBOURNE
An Australian Government Initiative

Print form

Date: _____

| Eligibility Criteria (Must be completed) |
|---|
| ☐ **Low Income** *(e.g. Health Care Card/ Disability Support Pension or no source of income)*<br>***Card No***_____ |
| ☐ **Resides or works/studies within EMPHN catchment** |
| ☐ **Please indicate if consumer presents with moderate risk of suicide** *(low income criteria does not apply)* |

| Consumer prefers to be seen at: | | |
|---|---|---|
| **North East** | **Inner East** | **Outer East** |
| ☐ **Eltham** (Health Ability)<br>☐ **Epping** (Banyule CHS)<br>☐ **Greensborough** (Banyule CHS)<br>☐ **Heidelberg West** (Banyule CHS)<br>☐ **Kinglake** (Nexus Primary Health)<br>☐ **Wallan** (Nexus Primary Health) | ☐ **Box Hill** (Carrington Health)<br>☐ **Doncaster East** (Access Health & Community)<br>☐ **Hawthorn** (Access Health and Community) | ☐ **Belgrave** (Inspiro)<br>☐ **Boronia** (Carrington Health)<br>☐ **Healesville** (Oonah Belonging Place / Inspiro)<br>☐ **Lilydale** (Inspiro)<br>☐ **Ringwood** (Access Health & Community) |
| ☐ **Prefers phone / video / web-based support** | | |

## 1. REFERRER DETAILS

Referrer name: _____ Relationship to consumer: _____

Organisation: _____

Address: _____ Email: _____

Phone: _____ Fax: _____

## 2. CONSUMER DETAILS

First Name: _____ Surname: _____

DOB: _____ Gender: _____ Phone: _____

Address: _____

Suburb: _____ Postcode: _____

Email: _____

I do **NOT** consent for ☐ sending mail to above address ☐ leaving voice messages on phone ☐ receiving SMS

Homelessness: ☐ Yes ☐ No Comments (including at risk): _____

☐ Aboriginal ☐ Torres Strait Islander background ☐ Culturally and Linguistically Diverse Background

Country of Birth: _____ Interpreter Required (Language/Auslan): _____

Mobility/Disability Needs: _____

Income Source: _____

**NDIS**: ☐ Have not applied and needs support ☐ Applied and waiting access decision (please provide documentation)
☐ Do not intend to apply ☐ Applied and Declined (Please provide reason and documentation)
Comment:

## 3. EMERGENCY CONTACT

*If the consumer is a child, please write details of the parent or guardian who is responsible for decisions about treatment.*

First Name: _____ Surname: _____

Phone: _____ Relationship to Consumer: _____

Fax this completed form to 8677 9510. For any queries, please call 9800 1071.

**4. CLINICAL INFORMATION**

**Note:** Only complete this section if this information has not been provided in attached documentation

| |
|---|
| **Presenting Issues:** |
| **Reason for Referral to Stepped Care:** |
| **Mental Health Diagnosis (if known)**: |
| **Medication (if known):** |
| **Relevant Medical History:** |
| **Substance Use/Addictive Behaviours:** |
| **Other Impacting factors (including risk factors):** |

**Please attach any relevant/supporting documentation such as: Mental Health Care Plan/Assessment notes/ Outcome measure/Discharge summary**

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# RISK ASSESSMENT (MUST BE COMPLETED)

**If your consumer is presenting in an acute psychiatric crisis or risk is high, please call your local area mental health service.**

Current Suicidal Thoughts: ☐ **No** ☐ **Yes** : _____

Current Suicidal Plan: ☐ **No** ☐ **Yes** : _____

Current Suicidal Intent: ☐ **No** ☐ **Yes** : _____

Recent Suicide attempt in the last three months? ☐ **Yes** ☐ **No**

Relevant History: _____

**Suicide Risk Level:** ☐ **Not Apparent** ☐ **Low** ☐ **Medium** ☐ **High**

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Current Self Harm Thoughts: ☐ **No** ☐ **Yes** : _____

Current Self Harm Plan: ☐ **No** ☐ **Yes** : _____

Current Self Harm Intent: ☐ **No** ☐ **Yes** : _____

Current behaviours: _____

Relevant History: _____

**Self-Harm Risk Level:** ☐ **Not Apparent** ☐ **Low** ☐ **Medium** ☐ **High**

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Current Harm to Others Thoughts: ☐ **No** ☐ **Yes** : _____

Current Harm to Others Plan: ☐ **No** ☐ **Yes** : _____

Current Harm to Others Intent: ☐ **No** ☐ **Yes** : _____

Relevant History: _____

**Risk to others:** ☐ **Not Apparent** ☐ **Low** ☐ **Medium** ☐ **High**

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**Risk of harm from others:** ☐ **Yes** ☐ **No**

Comments: _____

Comments: _____

_____

_____

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_____

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**CONSENT**

**1. Consent to receive service and for sharing of service delivery information:**

EMPHN and EMPHN funded providers are required to collect and use information about you. This includes personal information, and information about the services you are receiving. This information is used only by EMPHN and EMPHN funded providers involved in delivering services to you. This information is used and shared to ensure you get the right service for your needs, to monitor service delivery, performance, evaluate and make improvements to services. **This consent condition is mandatory to receive services.**

**2. Consent to share deidentified data with Department of Health (DoH) and Department of Health and Human Services (DHHS):**

As the funder/s, the DoH and/or DHHS is interested in deidentified data which is used for evaluation purposes to improve mental health services in Australia. This data includes information about you, such as your gender, data of birth and types of services received, but does not include any information that could identify you (e.g. your name, address or Medicare number).

**3. Consent to collection and sharing of information with other services:**

Please list all service providers, carers and supports you consent to being contacted by EMPHN or EMPHN's funded service providers to discuss you/your dependent's provision of care and planning (e.g. GP, Psychiatrist, CAT team, allied health professionals etc.).

| Role/ Profession | Name | Organisation | Contact details |
|---|---|---|---|
| | | | Phone:<br>Fax: |
| | | | Phone:<br>Fax: |
| | | | Phone:<br>Fax: |
| | | | Phone:<br>Fax: |

EMPHN funded services are at times involved in evaluation and research to ensure they are meeting the needs of consumers and our community. You may be contacted to participate in additional evaluation or research activities associated with your care. If contacted, you can choose whether you wish to take part or not.

**Please clearly indicate Y/N to all three consents:**

1. I/parent/guardian consent to receive service and for sharing of service delivery information, as outlined above. **This consent condition is mandatory to receive services.**
   ☐ YES ☐ NO
2. I/parent/guardian consent to share deidentified data with DoH and/or DHHS. I understand that my information will not be shared if I do not consent.
   ☐ YES ☐ NO
3. I/parent/guardian consent to collection and sharing of all relevant information with other services, carers and supports relevant to assist my/dependent's overall provision of care. I understand that my information will not be shared if I do not consent.
   ☐ YES ☐ NO

**Consumer Signature:** ..... **Date:** ..../..../....

☐ Verbal consent provided by consumer/guardian

**All 3 consent boxes above MUST be completed**

**Referrer Signature:** ..... **Date:** ..../..../....

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