# Psychiatric Advice & Consultation Service

## Call 0447 136 726





### A service for GPs

The Psychiatric Advice and Consultation Service is designed to help you manage patients that you have identified as having, or being at risk of, mental illness.

### Use this service to get:

- Diagnostic clarification
- Medication optimisation
- Therapeutic management strategies
- Referral Pathways (including Stepped Care services).

# What to expect from the service:

- Telephone support from a psychiatrist and/or
- A psychiatric assessment
  - Onsite or remote patient consultation (between psychiatrist & patient)
  - o Followed by clinical discussion (between psychiatrist & GP)
- Professional development group capacity building sessions with a psychiatrist can be arranged for your clinic.

### **Accessing the service**

You can now get specialist psychiatric advice:

- When you need
- Free of charge
- Mon Fri, 7am to 7pm
   (After hours, leave a message with your preferred call back time).

### Call 0447 136 726

A clinician will collect your details and reason for your call.

Please obtain patient consent prior to your call.



### **Discuss**

You will be transferred to a psychiatrist or asked to nominate two times for a return call.

Obtain advice and support from a psychiatrist and if required, arrange a patient assessment.



### Receive

A faxed Clinical Discussion Summary (ongoing care and management of the patient remains with the GP).

If the patient is assessed by a psychiatrist, they will contact you to discuss the assessment and management plan.



Please email <u>TMCPACS@healthscope.com.au</u> or call <u>0447 136 726</u> for further information or to arrange a capacity building session for your team.