

# Get health information and advice in your language

## Call Multicultural Health Connect

- ✓ Get free health advice from a nurse
- ✓ Find doctors, hospitals, support, and community health centres near you
- ✓ Learn more about Medicare and how it can support you
- ✓ Learn about COVID-19, including how to get a vaccination, protect yourself and your family and manage your symptoms if you get COVID-19

**1800 186 815**

Scan here for more information about this service



### Hours of operation

Monday to Friday  
(excluding public holidays)

New South Wales 11am to 7pm

Victoria 11am to 7pm

Australian Capital Territory 11am to 7pm

South Australia 10:30am to 6:30pm

Northern Territory 9:30am to 5:30pm

Western Australia 8am to 4pm



**healthdirect**