

# HEALTHY AGEING SERVICE RESPONSE

A new mental health service developed to support healthy ageing will start in September 2020 for older persons in north-eastern and eastern Melbourne. The Healthy Ageing Service Response is funded by Eastern Melbourne Primary Health Network (EMPHN) and delivered by Eastern Health in partnership with St Vincent's Hospital Melbourne.

The Healthy Ageing Service Response aims to address the mental health and wellbeing, and broader health and social needs, of individuals aged over 65 years, with, or at risk of, mild to moderate mental health issues who may not have otherwise qualified for public mental health services.

The service will deliver primary consultations or brief interventions for older people, together with their families, delivered as part of a coordinated care team with General Practitioners (GPs), general practice staff and/or RACFs staff. GPs, general practice staff and RACF staff will also have access to telephone/telehealth-based advice and referral and navigation support, and capacity building activities, such as education and training, to enable them to better support the older people they work with.

The service will be delivered by mental health clinicians (such as psychologists, mental health nurses, social workers and occupational therapists), psychiatrists, psychiatric registrars and/or psycho-geriatricians, and a lived experience workforce.

Referral into the service will be via existing aged mental health triage services.

Aged Mental Health Triage Service	Local Government Area	
Eastern Health – Phone: 1300 721 927	Whitehorse	Maroondah
	Manningham	Monash (part of) *
	Yarra Ranges	Knox
Melbourne Health – Phone: 1300 874 243	Banyule	Nillumbik
	Whittlesea	Murrindindi (part of) *
	Mitchell (part of) *	
St Vincent's Hospital Melbourne – Phone: 9816 0433	Boroondara	

\* For these suburbs use the [EMPHN Suburb locator](#) and residential street address to determine eligibility.

For further information, please contact [HASR@easternhealth.org.au](mailto:HASR@easternhealth.org.au)

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