



**YSAS**

**CALL YSAS EASTERN TEAM ON  
(03) 9890 7855  
MONDAY- FRIDAY  
9AM-5PM**



Need Help or advice call  
**YoDAA 1800 458 685**  
YoDAA is Victoria's Youth Drug  
and Alcohol Advice service.

Whether you are a young person,  
or someone concerned,  
YoDAA provides the simplest way  
to access the information  
and support that you need.

[YODAA.ORG.AU](http://YODAA.ORG.AU)



**YSAS**  
YOUTH SUPPORT + ADVOCACY SERVICE



**NEED SUPPORT?**

**EASTERN**

[YSAS.ORG.AU](http://YSAS.ORG.AU) • [YODAA.ORG.AU](http://YODAA.ORG.AU)

# WHO WE ARE + WHAT WE DO

**YOUTH SUPPORT + ADVOCACY SERVICE** is a leading Victorian community service organisation that enables young people who are experiencing disadvantage to access the resources and support they require to lead healthy and fulfilling lives.

We develop supportive, respectful and caring relationships with vulnerable young people, their families and communities to provide holistic, integrated, evidence based clinical services for those experiencing, or at risk of experiencing, serious problems.

Our programs and services enable young people and families to work through and resolve problems associated with substance use, mental illness and social disconnection. We also assist young people in returning to education and training and to find pathways to employment and a healthy, fulfilling life.

To achieve the best health and social outcomes for our clients, we work in partnership with other programs and services across Australia. More broadly, YSAS collaborates with government, researchers, policy makers, peak bodies and educators to develop and promote effective interventions and initiatives in response to the needs and preferences of young people.

## YOUTH OUTREACH

YSAS outreach teams work with young people aged 12-21 who are experiencing significant problems with their alcohol and/or drug use.

Our outreach teams work in places and spaces where young people congregate and feel safe. We create accessibility to services by engaging with young people in environments and on terms in which young people feel comfortable.

Contact the Team Leader on 0417 545 086

## YOUTH PRIMARY HEALTH AND SUPPORT CO-ORDINATION SERVICE

YSAS Youth Primary Health Support and Co-ordination Service supports young people aged 12-21 by addressing the primary health, psychological and emotional wellbeing needs of young people, and can provide links and referral to other health, welfare, educational, vocational and recreational services.

Where safe to do so, the service also supports young people who wish to undergo alcohol and/or other drug withdrawal whilst remaining in the community (either at home with family/friends or at another safe accommodation).

Contact the YPHSCS Nurse on 0418 313 396

## YOUTH SUPPORT SERVICE (YSS)

YSS is designed to support young people aged 10-17 who have had recent contact with police and who may be at risk of entering the youth justice system. YSS supports young people and their families to address problems before they become too serious.

YSS is a voluntary service which operates independently of the legal process to help young people and their families achieve their goals. Referrals to this service are made by Victoria Police with the consent of both the young person and his/her parent(s).

Contact the Team Leader on 0404 193 882

## SUPPORTING HEALTH EDUCATION RECREATION AND PERSONAL AUTONOMY (SHERPA)

The SHERPA program aims to support young people aged 12-21 with problematic substance use issues by promoting connection to pro-social activities and community supports. The program seeks to reduce AOD related harms, increase connection to work or education, build meaningful community connections and improve physical wellbeing.

The program model includes the components of: 1:1 case management and care coordination, weekly sessions of community engagement activities (e.g. Cooking, council programs, leisure activities) and adventure-based recreation sessions and camps. The model will allow for the activities to be targeted to the needs and interests of those participating. Participants will be able to exit the program by achieving their personal goals and needs rather than being time limited.

Contact the Team Leader on 0417 545 086

## ALCOHOL AND DRUG YOUTH CONSULTANT AND YAODPP

### CONSULTANT

The ADY-C provides access to alcohol and drug support services for young people in residential out of home care and adolescent community placement. The ADY-C also provides secondary consultation, professional development and capacity building to statutory services to ensure a more coordinated and integrated service response to young people with alcohol and drug issues.

Contact the ADY-C on 0418 569 828

### PRINCIPAL PRACTITIONER

(YAODPP) Victoria's first Alcohol and Drug Youth Principal Practitioner works collaboratively with Out of Home Care, Child Protection and Youth Justice in the Eastern Metropolitan region providing specialist AOD assessment and advice for high risk young people exiting Out of Home Care or Youth Justice Centres. The Principal Practitioner consults on care planning, education and support for case managers and care treatment teams, and facilitates complex care coordination for young people.

Contact the YAODPP on 0407 786 814

## RECONNECT

The YSAS Reconnect program aims to reduce youth homelessness by improving the connections that young people aged 12-18 have with their family, work, education and the community, whilst simultaneously addressing substance use issues. Support is offered to both the young person and their family, using solution focused family counselling approaches.

Contact the Team Leader on 0404 193 882