

**INVITATION TO GENERAL PRACTITIONERS FOR:**

**An educational evening on Orthopaedic Updates with:  
Mr Ikram Nizam**

**Bikini Anterior Hip Replacement  
Patient Matched Instrumented Knee Replacement &  
The Enhanced Recovery Program  
(Rapid Recovery Joint Replacement)**

Venue: **Windy Hill Function Centre - Cnr Napier & Brewster St Essendon**

Date: **Thursday 20<sup>th</sup> October 2016**

Time: **6.30pm Registration, 7.00pm Start – 9.30pm Finish**

**During this educational session you will hear from Mr Nizam about:**

- ✓ Advancements in Hip replacement : Bikini anterior approach hip replacement – hip replacement preserving soft tissues and muscles
- ✓ Advancements in Hip Arthroscopy
- ✓ Enhanced Recovery Program: what is it and how does it work?
- ✓ Patient Matched Instrumented Knee Replacement
- ✓ The Role of Rehab and/or Prehab for patients

**Learning outcomes:**

- ✓ Understand the anatomical considerations of minimally invasive anterior bikini hip replacement
- ✓ Identify which patients are suitable for minimally invasive hip replacement and any contra-indications
- ✓ Explain the outcome of different approaches to hip replacements
- ✓ Define the criteria for hip arthroscopy
- ✓ Understanding minimally invasive Knee replacement with 3D printed cutting blocks and planned templates before major knee surgery
- ✓ Discuss the benefits of how Rehab/Prehab assists with the Enhanced Recovery Program
- ✓ Awareness of better patient outcomes with early discharge, reducing history of DVTs/PEs & infection rates

**RSVP's essential:**

Please complete the information below and either email to [kylie.christmas@healthcare.com.au](mailto:kylie.christmas@healthcare.com.au) or fax: **9790 4202**

If you have any questions please do not hesitate to contact: Kylie Christmas (GP & Community Liaison officer) Ph:**0448 182 272**

Name:..... QI&CPD No. ....

Clinic:.....Address:.....

Phone Contact No: (Preferably mobile) .....

Email:.....

Special dietary requirements: .....

This event has 4 Category 2 points as part of the RACGP QI & CPD Program in the 2014- 2016 triennium  
Activity Number: 64160