

Expression of Interest

Building capacity to improve person centred care in General Practice

Background

Internationally, health settings are shifting their focus to person centred models of care that are coordinated across different care settings. The Australian Government recently introduced the stage 1 trial of the Health Care Home (HCH) model in pilot regions across Australia. The model promotes care that is person centred, coordinated, cost efficient and aimed at achieving long-term health goals for patients with chronic and complex conditions.

While Eastern Melbourne PHN (EMPHN) is not part of the initial trial, we are committed to preparing the Eastern Melbourne region, in line with international evidence and in readiness for any future proposed National rollout.

Aim of the project

General Practice is the cornerstone of an individual's health care team. The EMPHN catchment has 394 practices of which 71.5% employ one or more nurses.

Primary Care Nurses within the catchment have a diverse scope of practice and are well positioned to address the emerging healthcare challenges.

Building on trusting patient relationships, they have the capacity to integrate and coordinate relevant members of the broader health care team and fill the need as health coaches, educators, chronic care managers and care coordinators.

The focus of this program is to enhance current capacity and support capability building within the Primary Care Nursing workforce, which will take management of chronic disease to the next level.

Workshop training

A suite of professional development workshops and supported mentoring sessions have been developed to build the skills of primary care nurses, to align with the Commonwealths

overall plan for how care will be delivered under the proposed HCH model.

Well-recognised facilitators, Kim Poyner and Riwka Hagen, will facilitate the workshop and mentoring sessions.

Workshop training dates

- **Orientation session: 90 min workshop** (Principal GP, PM and PN attendance)
Thursday 24 May 6.30-8.00pm
- **Behaviour Change Workshop for Patient Engagement: 3 hour workshop** (3.5 APNA endorsed CPD)
(PN attendance)
Thursday 21 June 12.30-3.30pm
- **Care Coordination: 3 hour workshop**
(PN attendance)
Thursday 26 July 12.30-3.30pm

- **Integrated Care Model:** 3 hour workshop (PN attendance)
Thursday 23 August 12.30-3.30pm
- **Evaluation session: 90 min workshop** (Principal GP, PM and PN attendance)
Thursday 20 September 6.30-8.00pm
- **4 group mentor sessions (60mins) via teleconference to support skill development**
 1. Wednesday July 18
 2. Wednesday August 1
 3. Wednesday September 5
 4. Wednesday October 10

*The teleconference time, will be arranged to best suit the group

What is in it for the practice?

- Support to transition the practice to the new way of care delivery under the proposed HCH model by creating collaborative partnerships with patients to build skills, confidence and trust and engage actively in care decisions and health management.
- Strong patient-practice partnerships and an understanding of patients care needs individually and as a population. This is fundamental to the proposed HCH model.
- Potential to increase revenue from improved and efficient use of care coordination and chronic disease management item numbers

Practice support

Participating general practices will receive:

- A payment of \$2000 (GST exclusive) for the Principal GP, Practice Manager and Nurse to attend the orientation session and commit to supporting the nurse to attend the workshop and mentoring series.
- A final payment of \$2000 (GST exclusive), will be paid for Nurse attendance at all workshop and mentoring sessions in addition to a 10 minute case study presentation to the clinical care team within the practice.

How do I apply for participation in this program?

EMPHN will be releasing this expression of interests via an online system ([eProcure](#)). This system enables EMPHN to provide a transparent and accountable process in line with Commonwealth guidelines.

Registering is free, and easy to do, just follow these steps:

1. Follow this [link](#)
2. Complete the registration form
3. Select register

You will then be able to complete the Expression of Interest.

A helpdesk is available to assist with questions
T: 1800 377 628 or use the online chat service.

Applications open: 4pm on Friday 6 April
Applications close: 4pm on Monday 23 April

Enquiries

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*Please note, there is a limit of one Nurse per clinic.