

Nifa Harikrishnan

Subject: FW: Approval to submit good news story

The Hope and Thrive program delivered by EACH has demonstrated best practice across their service delivery, sector and community engagement. For instance, the program has consistently exceeded targets in a COVID affected environment and has embedded a strong peer workforce in its core practice to support the consumer journey. Additionally, the service continuously participates in a diverse array of sector and community engagement activities (e.g., the Mullum Mullum Health Check Day aforementioned) to both strengthen sector integration and raise community awareness.

Further to this, Hope and Thrive championed individual recovery journeys through its annual “Celebrate Recovery Day”, in which inspiring recovery stories were shared with consumers and their significant others to celebrate recovery journeys and promote a sense of hope in others.

Some extracts from consumers’ recovery story:

“My first day attending group I was extremely anxious, the love I felt was heart-warming. I felt understood, I felt like I was accepted. It took me a long time to get sober, but these people stood right by my side the whole time. I am now nearly 12 months sober; it makes me want to cry even saying that. I really never thought I could get to this point in life, I couldn't even picture it.”

“My recovery journey with EACH got easier and clearer with the guidance of the workers provided to me. Over the past 18 months I have developed tools to help me maintain my sobriety and live a life I was destined to live, today I have my 3 kids back in my care, I have my partner, I have successfully completed all the goals that were set out by DHHS and am now working on my own personal goals of learning how to live and maintain a life of sobriety.”

Recovery Day photos:



