



Hip and knee osteoarthritis

An update on management and guidelines including a new pathway of care

For general practitioners and practice nurses

Osteoarthritis (OA) of the hip and knee is a common presentation in general practice, with the prevalence predicted to increase over the next decade. Updated RACGP guidelines were released in 2018, with non-surgical and surgical management options considered.

Speakers

Associate Professor Raphael Hau, Clinical Director of Orthopaedics, Eastern Health

Ali Gibbs, Advanced Musculoskeletal Physiotherapist, Access Health and Community

Leanne de Vos, Physiotherapist, Access Health and Community

Topics

- new RACGP guidelines for non-surgical management of knee and hip OA
- exercise for OA (including the GLA:D® program (Good Life with Arthritis: Denmark))
- **OsteoArthritis Hip and Knee Service (OAHKS)** background and a novel community-based OAHKS model
- surgical +/- pharmacological management of knee and hip OA.

Event Details

Date: Wednesday 31 July 2019

Venue: Manningham Function Centre
Room 3
699 Doncaster Road
Doncaster

Time: **6.30pm** registration and light supper
7-9pm – session

Parking: Free on-site parking available

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Enquiries: Josie Terron 9046 0300 or events@emphn.org.au

