

9 October 2018  
11 October 2018  
30 October 2018



# Better questions – the answer for successful chronic disease management

## *For practice nurses*

Communication typically consists of too much telling and not enough asking. What are the simple yet highly effective communication strategies required to enable you to recognise when and how to ask your patients the right questions?

### Overview:

Tap into the potential and resourcefulness of your patients, leading to them being more motivated and responsible. Help them feel more valued, engaged, and respected and ultimately healthier people.

### Presented by:

**Lindsay Tighe**, founder and CEO, *Inspirational Coaching and Better Questions*

### Learning Outcomes:

- recognise habitual patterns of response in your conversations
- understand the impact of asking vs telling
- learn the benefits to being a Better Questioner
- be given practical tips and strategies that can be applied immediately for better results.

### Limited to 25 places

Open to practice nurses working within the EMPHN catchment.

#### Event Dates:

**Please choose one date when registering**

**Option one: Tuesday 9 October 2018, 6.30-9pm**

**Venue:** EMPHN, Box Hill

Register now

**Option two: Thursday 11 October 2018, 6.30-9pm**

**Venue:** Mulgrave Country Club, Wheelers Hill

Register now

**Option three: Tuesday 30 October 2018, 12-2.30pm**

**Venue:** Uni Hill Conference Centre, Bundoora

Register now

Enquiries: Josie Terron 9046 0300 or

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