



6/6/2019

# Psychotropic medication management in older persons mental health

*For general practitioners and practice nurses*

Treating and managing mental health in older persons is to balance the benefits of utilising psychotropic medications against the risk of side-effects. Age related metabolic changes and increased physical co-morbidities can present challenges for GPs on the appropriate treatment for older persons.

## Presented by

### **Professor Kuruvilla George**

Director of Medical Services, Peter James Centre and Wantirna Health  
Clinical Director of Aged Persons Mental Health and ECT, Eastern Health  
Conjoint Clinical Professor Deakin University and Adjunct Associate Professor Monash University

### **Yvonne Banks and Nadine Corteling**

Clinical Nurse Consultants, Peter James Centre

## Topics

- Psychotropic medications that are used in older persons mental health
- Choosing appropriate anti-depressants, anti-psychotics, anti-anxiety and mood stabilisers and doses to be used in older persons
- Using psychotropic medications to manage behavioural symptoms in delirium and dementia

## Event Details

Date: Thursday 6 June 2019

Venue: North Seminar Rooms 2 and 3  
Peter James Centre  
Corner of Mahoneys road and Burwood Highway, Burwood East

Time: **6.30pm** registration and light supper  
**7 to 9pm** session

Parking: Free onsite parking is available.

For easiest access to the room, we would recommend entering the Peter James Centre from the main entrance at 345 Burwood Highway.

Click [here](#) for a detailed map of the premises.

[Register now](#)

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