Creative Tools

Hot Potato

This is a fast paced round table activity to develop and share information in a group.

Benefits of Hot Potato

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- A simple and fun activity for teams of 4-5 people.
- Allows team to explore new ideas to solve a problem.
- Allows team members to provide anonymous ideas without judgement.
- A great way to include the quieter members of the team and to encourage contributions and ideas without being in an open forum.

How to undertake Hot Potato

- 1. Ask the team to sit in a circle.
- 2. The facilitator presents the problem to the team.
- 3. Provide each team member with a piece of paper.
- 4. The facilitator sets a timer to 30 seconds and asks each person to write one idea to solve the problem on their piece of paper.
- 5. After 30 seconds, ask the team members to pass their piece of paper to the next person.
- 6. Each person reads the idea on the next piece of paper and has 30 seconds to add to this idea.
- 7. Repeat this until each person has written on all pieces of paper.

The Hot Potato example

Be Well Health Clinic decided to use hot potato to generate ideas on how to build team morale at the clinic. Below is an example of one of the pieces of paper that was circulated amongst the team and ideas collected on the same topic.

One team member added their idea (in red) to the paper, then other team members added to this idea as the paper was circulated. Now the Practice Manager has some ideas to review and decide what changes to implement to boost morale.

