

COMMUNITY HEALTH

easternhealth

Eastern Health Aboriginal Health Team

easternhealth.org.au



If you have any English language difficulties, please ask staff to book an interpreter.

From home contact the Telephone Interpreter Service on 9605 3056.

Services are provided free of charge. Ask staff if this information is available in your preferred language.

Youth Counselling Service

Our Youth Counsellor provides an outreach service to young people aged from 0—24 years of age, meeting clients in environments where they feel comfortable.

Some of the services our Youth Counsellor provides are:

- Provides a strengths based approach to counselling, helping young people discover their own strengths.
- Teaches young people tools such as mindfulness, to deal with intense feelings and emotions such as anxiety.
- Assists clients in connecting to other services in their community that can help support them.
- Assists young people in identifying what it is they want for their future, supporting them to achieve these goals.
- Provides case management.



The Aboriginal Health Team is a community based health service located in Healesville. We welcome any interested Aboriginal people and their families living in Eastern Health's catchment. The service adopts a culturally informed holistic approach providing a broad range of services both on site in Healesville and through home visits and outreach.

Contact us:

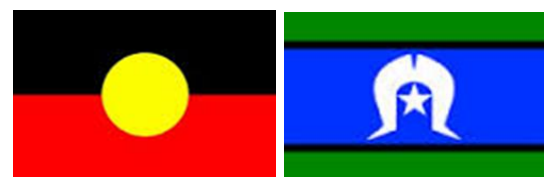
377 Maroondah Highway Healesville, VIC 3777

P: 5957 1100

phn
EASTERN MELBOURNE

An Australian Government Initiative

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For more information or to book an appointment, call **1300 130 381**



Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and will disclose information about you only when required or permitted by law. We comply with relevant information and privacy legislation.

If you would like more information, please ask a staff member or visit our website www.easternhealth.org.au

Eastern Health is accredited by the Australian Council on Healthcare Standards. 5 Arnold Street, Box Hill, Victoria 3128 1300 342 255