

Monash Health Wellness and Recovery Centre invites you to:

Cognitive Behavioural Treatment for Eating Disorders Introductory workshop + Bonus Access to new CBT-E eTherapy

Presented by: Chris Fairburn

In this one day workshop Prof Fairburn will describe the “enhanced” cognitive behavioural approach (CBT-E) to the treatment of the full range of eating disorders seen in clinical practice (including anorexia nervosa, bulimia nervosa, binge eating disorder and the various forms of atypical eating disorder). The workshop will open with a brief and up-to-date account of the empirical standing of the treatment. For the rest of the workshop Professor Fairburn will focus on the implementation of the treatment from assessment through to its completion. Attendees will also gain access to Professor Fairburn's eTherapy at no additional cost.

WHEN

15 May 2017
9am to 5pm

WHERE

Melbourne Convention & Exhibition Centre, South Wharf
1 Convention Centre Pl, South Wharf VIC 3006

REGISTRATIONS

8am welcome coffee and tea



Chris Fairburn

Director, Centre for Research on Eating Disorders, Oxford University, United Kingdom

Professor Fairburn directs the Centre for Research on Eating Disorders at Oxford (see credo-oxford.com). He has two main research interests: the nature and treatment of the eating disorders; and the development, evaluation and dissemination of psychological treatments. He has an international reputation in both fields. He has been a recipient of the Outstanding Researchers Award and the Lifetime Achievement Award from the Academy of Eating Disorders and the Aaron Beck Prize from the Academy of Cognitive Therapy. He is a Fellow of the Academy of Medical Sciences, and he has twice been a Fellow at Stanford's Center for Advanced Study. Until recently he was a Governor of the Wellcome Trust, one of the largest international research foundations.

COST

Early bird: \$395+GST, closes 31 January, 2017
Full price: \$495+GST
Student price: \$295+GST

REGISTER

<https://www.eventbrite.com.au/e/enhanced-cognitive-behaviour-therapy-introductory-workshop-tickets-27478508960>

FOR MORE INFORMATION CONTACT

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