

# NEW! POLAR CVD Report

The Cardiovascular Disease (CVD) report is now available to EMPHN general practices.

This new POLAR report will allow practices to easily identify a person's absolute "heart and stroke" risk based on the [Australian absolute cardiovascular disease risk calculator](#). This score will identify the likelihood of a person experiencing a cardiovascular event within the next five years.

The [Absolute risk management guidelines](#) recommend this risk assessment be performed for all adults aged 45 and older (or 35 and older for Aboriginal and Torres Strait Islander peoples) who do not have an existing cardiovascular disease and are not already known to be at increased risk due to an existing condition (e.g. Diabetes and age >60 years).

The POLAR CVD report categorises your active patient population into different risk groups. By selecting on a risk category, general practice will be provided a list of people based on their risk score.



The report also provides a data quality feature to support PIP QI activities allowing practices to review risk factor data specific to each person. Users can easily identify people who have missing data or data that is older than 12 months that is needed to complete an accurate absolute risk calculation.

If you would like a demonstration of this report, please contact the POLAR team [polar@emphn.org.au](mailto:polar@emphn.org.au)

To watch a video on how to use the POLAR Cardiovascular Disease report, click [here](#).