

Behaviour Change Agent (1 day)

Wellcoaches® Australia in partnership with the **Australasian Society of Lifestyle Medicine** is proud to present Behaviour Change Agent – a one day intensive program which supports health professionals in achieving more effective communication and enhanced client outcomes.

Learn the basis of health coaching skills which are used to assist clients to develop a vision for their own health and set reachable goals for behaviour change.

This one day evidence based program is interactive with skills practice opportunities.



Program Content



Behaviour Change Agent covers:

- Provider/client partnership
- Appreciative inquiry and motivational interviewing
- Empathy, open inquiry, reflections and mindful presence
- Uncovering a client's "Why?"
- Positivity, self-efficacy and confidence for change

This course is for you if:

- You want to enhance your Lifestyle Medicine knowledge with skills for behaviour change
- You want to further develop your communication skills for better client outcomes.
- You don't need to be a Health Coach but you do need skills of effective coaching communication in your daily work.
- You're new to coaching and want to experience more about how coaching can make a difference to your clients and to you.

Behaviour Change Agent Program Dates 2019:

Melbourne	13 September 2019
Sydney	20 September 2019
Brisbane	11 October 2019
Auckland NZ	18 October 2019

Places are strictly limited in each location – class size 25 maximum. Please book early to avoid disappointment. See attached registration form for full details.

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PARTICIPANT REGISTRATION FORM

Please write in CAPITAL LETTERS or TYPE. Scan and return this form to:

admin@wellcoachesaustralia.com.au
For more information please call: +61 2 4368 4300

Registration Details

Mr. Ms. Dr. Prof.

First Name: Last Name:

Position:

Organisation/Company:

Address:

Post code:

Phone:

Email:

Specific diet requirements (vegetarian, gluten free, allergies ...):

Event Details

Select your Behaviour Change Agent event: (all amounts charged in Australian Dollars)

	Course Fee	
MELBOURNE – 13 September 2019 (9:00am – 4:30pm) Cliftons, 1/440 Collins St, MELBOURNE	<input type="checkbox"/>	\$440 AUD (incl. GST)
SYDNEY – 20 September 2019 (9:00am – 4:30pm) Cliftons, 60 Margaret St, SYDNEY (Opp. Wynyard Station)	<input type="checkbox"/>	\$440 AUD (incl. GST)
BRISBANE – 11 October 2019 (9:00am – 4:30pm) Cliftons, 3/288 Edward St BRISBANE (Near Central Station)	<input type="checkbox"/>	\$440 AUD (incl. GST)
AUCKLAND – 18 October 2019 (9:00am – 4:30pm) Cliftons, Lvl 4/45 Queen Street, AUCKLAND	<input type="checkbox"/>	\$400 AUD (No GST payable)

The registration fee includes workshop materials, coffee/tea on arrival, morning and afternoon tea and hot buffet lunch (including vegetarian options).

Payment Method

BANK TRANSFER (ONLY AVAILABLE TO AUSTRALIAN PARTICIPANTS)

Account Holder: Wellcoaches® Australia **Bank Name:** BankWest
BSB #: 302-162 **Account #:** 1497442

For payments by Bank Transfer: Confirmation of Registration will be made once funds are received.

CREDIT CARD: American Express Mastercard VISA

Cardholder: **Amt:** \$ (AUD)

Card #:

Expiry(mm/yy): **Security Code (CVC):**

Date: **Signature:**

For payments by Credit Card: A tax receipt will be sent upon receipt of payment from the Credit Card operator.

SECURE CREDIT CARD PAYMENT

If you would prefer to receive an invoice by email for secure credit card payment please provide email address:

Email:

IMPORTANT: Hotel and travel reservations should be made **ONLY** after receipt of written registration confirmation from WellCoaches® Australia. If you have not received your confirmation within five working days, please contact WellCoaches® Australia at smatthews@wellcoaches.com

Cancellation Policy

All cancellations must be in writing (including by email). Cancellations received less than 7 days before the event are subject to a charge of 50% of the registration fee. Between 7 and 14 days before the event 25% of the registration fee will be charged. Registration substitutions are acceptable. Please advise as soon as possible if a substitution is to be made.

WellCoaches® Australia would like to contact you occasionally to keep you informed of future events and other relevant information. Your information is not shared with third parties. If you do not wish us to do this, please tick this box to be removed from our general distribution list