

Aboriginal and Torres Strait Islander Service

Information sheet for General Practitioners and Health workers

Short-term service for Aboriginal and Torres Strait Islander people with mild to moderate mental health issues.

This service offers:

- Brief support (12 individual sessions)
- Focused psychological strategies
- Up to 12 group sessions

This service is provided free of charge

To be eligible for this service:

- Be aged 12 or older and of Aboriginal and/or Torres Strait Islander descent
- Have a mental health diagnosis or be at risk of developing a mental illness
- Cannot afford full fee counselling or a service gap fee for MBS Better Access subsidised counselling

How to access this service:

- Health professionals/workers will need to fill in a Banyule Community Health Services, Aboriginal Health Team Counselling referral form.
- Fax/Email/Mail/Phone
- Contact Aboriginal Health Team Intake worker.



Aboriginal Health Team

Aboriginal Health Team
Banyule Community
Health Services
21 Alamein Rd
West Heidelberg 3081
Ph: (03) 9450 2000
Fax: (03) 9459 5808



Contact: Tua Enosa
Therapeutic Counsellor/
Intake Worker
tua.enosa@bchs.org.au



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