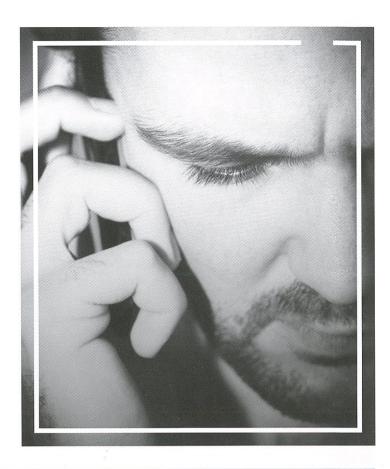


After-Hours Suicide Support Line

### HOW TO REFER TO THE ATAPS AFTER-HOURS SUICIDE SUPPORT LINE



## Referring a new patient into the ATAPS After-Hours Suicide Support Line:

- 1. The patient is assessed at-risk of self-harm or suicide, and is referred to the ATAPS Suicide Prevention Service for face-to-face counselling.
- 2. If the referral occurs over a weekend, or public holiday, the referring practitioner contacts the ATAPS After-Hours Suicide Support Line with the patient's contact details on **1800 859 585** or **ataps-afterhours@crisissupport.org.au** and requests a counsellor call the patient within 24 hours.
- 3. The referring practitioner explains to the patient that a mental health professional from the ATAPS After-Hours Suicide Support Line will contact them within 24 hours to provide interim telephone support until they can see their new ATAPS provider.
- 4. The patient is given an ATAPS After-Hours Suicide Support Line referral card and patient brochure, and advised that they can call anytime after-hours for immediate crisis support.

## Referring an existing patient to the ATAPS After-Hours Suicide Support Line:

- 1. If a patient is in need of additional support after-hours, the treating ATAPS provider can contact the ATAPS After-Hours Suicide Support Line with the patient's contact details on **1800 859 585** or **ataps-afterhours@crisissupport.org.au** and request a counsellor call the patient during a nominated time (i.e., on a Saturday afternoon).
- 2. The patient is given an ATAPS After-Hours Suicide Support Line referral card and patient brochure, and advised that they can call the ATAPS After-Hours Suicide Support Line to access after-hours support if they feel at-risk.
- 3. If the ATAPS practitioner cannot provide the first allied health session within 72 hours, they can contact the ATAPS After-Hours Suicide Support Line with the patient's contact details and request interim telephone support until they can attend their initial appointment.

To refer a patient:

Call 1800 859 585 or ataps-afterhours@crisissupport.org.au





# The ATAPS After-Hours Suicide Support Line

The national ATAPS After-Hours Suicide Support Line is a free, specialised, telephone counselling service, designed to support patients of the ATAPS Suicide Prevention Service after-hours, when their allied health provider is not available. We work alongside GPs, mental health professionals and allied health professionals to support patients at-risk of suicide or self-harm.

Our professional telephone counsellors are available outside business hours, ensuring access to a specialist mental health service around the clock. We provide expert support to patients at risk of self-harm or suicide after-hours (5pm – 9am), over weekends and on public holidays (24 hours per day).

We help you to support patients by:

- Providing after-hours crisis counselling to patients at night or on weekends and in-between appointments.
- Making initial contact and providing interim support to patients you have referred to an ATAPS Suicide Prevention Service over a weekend or public holiday.
- Supporting out-patients following an after-hours hospital release, until they can make contact with their ATAPS practitioner.
- Making after-hours contact with any client you may be concerned about or believe requires specialist support.

# THE ATAPS AFTER-HOURS SUICIDE SUPPORT LINE THERE TO SUPPORT YOUR PATIENTS WHEN YOU CAN'T BE.

- Expert telephone counselling for patients at-risk of suicide or self-harm
- Available after-hours evenings, weekends, public holidays
- No cost to you or your patients (call charges apply from mobiles)

1800 859 585

ataps-afterhours@crisissupport.org.au