

## Rebekah Francis, Aboriginal Outreach Worker

Hi, I'm Rebekah, a local Aboriginal woman and I'm the Aboriginal Outreach Worker looking forward to helping you. I've lived in Melbourne all of my life and am connected to Community through Mullum Mullum Indigenous Gathering Place (MMIGP). I believe strongly in equal and appropriate health care for all.

I am here to provide practical assistance to Aboriginal and/or Torres Strait Islander people in the region to access the health care services they need. The Aboriginal Outreach Worker provides transport and support to attend appointments with a GP, specialist, diagnostic tests, community services, pharmacies and allied health appointments including (but not limited to) physiotherapy, podiatry, psychology and dieticians.

Another important aspect of the Aboriginal Outreach Worker role is providing links with local Aboriginal communities to build strong relationships, encourage and improve access to health services and provide feedback about local health care needs.

The Aboriginal Outreach Worker acts as a community liaison to establish links with the local Indigenous community to encourage and support use of health services. Key areas of focus will be encouraging health assessments and management of chronic disease, implementation of health care pathways and strategies to support coordinated care. The Aboriginal Outreach Worker assists and encourages the local Indigenous community to attend GP appointments and related allied health care appointments.

