



3 and 4 July 2018

Applied Suicide Intervention Skills Training (ASIST) for healthcare providers and community - Whittlesea

ASIST is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognise when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants do not need any formal training to attend the workshop. Training is suitable for ages 16 years or older. This training supports Eastern Melbourne PHN's Place-Based Suicide Prevention trial in the City of Whittlesea. There is no cost to attend the workshop, however places are limited and priority will be given to people who live, work or study in the City of Whittlesea. Participants are required to attend both days of the workshop.

Goals and objectives

In this two-day workshop you will learn to:

- understand the ways personal and societal attitudes affect views on suicide and interventions
- provide guidance and suicide first-aid to a person at risk
- identify the key elements of an effective suicide safety plan and the actions required to implement it
- appreciate the value of improving and integrating suicide prevention resources in the community at large
- recognise other important aspects of suicide prevention including life-promotion and self-care.

Registration

"Register now" or register via our website at www.emphn.org.au/events

We encourage you to assess your level of resilience when undertaking this training as it is not a counselling or therapeutic service. We recommend that if you are currently distressed or have been recently bereaved by suicide, to delay participating until those experiences have settled.

If after registering you find that you are unable to commit to attending both days of training, please cancel your registration through Eventbrite or by contacting events@emphn.org.au or 9046 0300 so your place can be allocated to someone on the waiting list.

Enquiries: Suicide Prevention Team 9046 0300 or events@emphn.org.au

For more information about the trials, visit www.emphn.org.au/suicide-prevention

If this information has raised concerns for you, we encourage you to seek support by contacting **Lifeline on 13 11 14, Suicide Call Back Service on 1300 659 467 or SuicideLine (Victoria) on 1300 651 251**

Event Details

Date: Tuesday 3 and Wednesday 4 July 2018

Venue: Uni Hill Conference Centre
30 Graduate Road, Bundoora

Time: **9.00am** registration
9.15am to 5.00pm workshop

Parking: free onsite

RSVP: Monday 25 June 2018

Registration

[Register now](#)

Enquiries: Josie Terron 9046 0300 or events@emphn.org.au

