

I'VE JUST GOT TO GET
THROUGH THIS ROUGH PAT(H.)
THIS IS NOT ME! >>>

Age: 58

Occupation: Retired school teacher

Education: University **Location:** Hawthorn

Family Status: Married, 3 adult children &

4 grandchildren

Nationality: British

Health:

Active lifestyle

 Pain management – required as a result of recent double

knee op

PERSONALITY



BIO

Hello, I'm Peter. I'm 58-years old and retired a couple of years ago after teaching for 35 years. I live with my wife, Sal. We have three kids and 4 grandkids. Our family is everything to us.

FRUSTRATED

FRIENDLY

INSIGHTFUL

PER(EPTIVE

In my younger days, I was an elite athlete and was a keen mountaineer throughout my 30s and 40s. I've pushed myself hard over the years and as a result, recently had to have a double knee replacement. It was on the cards for a while, but was still a bit of shock when it happened. I just wasn't prepared for the downtime. I've had some complications with my recovery, so progress has been slow. Really slow. And it's been a whole lot more painful than I anticipated.

I'm usually a really active and outgoing person but recently I've begun to feel 'flat' and unmotivated. I'm worried about my recovery and feel like I'm becoming a burden on Sal.

KEY FINDINGS FOR PETER

SERVICE NEEDS

- Experienced staff who listen to and respect me
- Confidentiality is critical "I don't want anyone knowing about this"
- Wants a 'quick fix'

GOALS

- Get back to the active life and mental state I had before surgery
- Be able to manage all my physio and outpatient appointments
- Walk on a daily basis
- Feel strong and independent
- Stay fit and healthy as long as possible

FEARS & FRUSTRATIONS

- Privacy and confidentiality
- Finding the 'right' help
- Inexperienced staff
- Being kept waiting for appointments
- Not feeling in control with decision making

I WANT AN EXPERIEN(ED (LINI(IAN WHO I RESPECT AND (AN (ONNECT WITH. (ONFIDENTIALITY IS (RITI(AL!

TRUST

I WANT TO FIND SOMEONE
WHO GETS WHAT'S
IMPORTANT TO ME AND (AN
DELIVER SERVICES IN A STYLE
AND IN AN ENVIRONMENT I
AM COMFORTABLE IN.

(HOI(E & (ONTROI

I WANT A SERVICE DIRECTORY
OF PSYCHOLOGISTS WITH
THEIR (REDENTIALS AND
EXPERIENCE SO I (AN EASILY
SEARCH FOR A PROVIDER
THAT SUITS MY NEEDS.

(OMMUNI(ATION