

A photograph of a man with a beard and a woman kissing a baby. The man is on the left, the woman is on the right, and the baby is in the center. They are all smiling and looking at each other.

NEW &  
EXPECTING  
MUMS AND DADS!

Parenthood can be the most exciting, rewarding and challenging time of your life.

**SMS4Families** is a free text messaging service for expecting and new parents.

Designed with you in mind, it can help you navigate your way through these changes with separate info, tips and advice for mums and dads.

Sign Up Now [bit.ly/2GUAP07](https://bit.ly/2GUAP07)

Compatible with all mobile phones.

A graphic of a smartphone with a white screen. The screen displays a red speech bubble with white text, a blue speech bubble with white text, and the SMS4Families logo at the bottom. The phone has a blue home button at the bottom.

COMPLETELY  
FREE SMS  
SERVICE.

SIGN UP NOW  
[BIT.LY/2GUAP07](https://bit.ly/2GUAP07)

The logo for SMS4Families, featuring a stylized smartphone icon with a curved arrow pointing to the right.

**SMS4Families**  
info for new mums and dads

This service is offered across Eastern and Northern Melbourne