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| <p>A number of resources are available on the EMPHN website including:</p> <ul style="list-style-type: none"> <li>• POLAR training videos.</li> <li>• POLAR walkthroughs</li> <li>• PDSA templates for Quality Improvement</li> </ul>                              |   |        |                                   |                                 |                           |                                 |
| <p>EMPHN POLAR Practice Reports are available monthly and distributed quarterly to each practice that has POLAR installed.<br/>To request additional POLAR practice reports contact <a href="mailto:digitalhealth@emphn.org.au">digitalhealth@emphn.org.au</a></p> | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 5px;">PIP QI</td> </tr> <tr> <td style="padding: 5px;">PIP Quarter 1 November to January</td> </tr> <tr> <td style="padding: 5px;">PIP Quarter 2 February to April</td> </tr> <tr> <td style="padding: 5px;">PIP Quarter 3 May to July</td> </tr> <tr> <td style="padding: 5px;">PIP Quarter 4 August to October</td> </tr> </table> | PIP QI | PIP Quarter 1 November to January | PIP Quarter 2 February to April | PIP Quarter 3 May to July | PIP Quarter 4 August to October |
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| <p>POLAR Support</p>   | <p>The Digital Health Team provides support in the use of POLAR. If you need any additional support to use POLAR contact: <a href="mailto:digitalhealth@emphn.org.au">digitalhealth@emphn.org.au</a> we can provide training sessions and support for all practice staff.</p>  |        |                                   |                                 |                           |                                 |

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| <p><b>Quality Improvement Activity 1</b><br/><b>Heart Health Checks</b></p> <p>Attached:</p> <ul style="list-style-type: none"> <li>• Questions and Answers from the event</li> <li>• PDSA Heart Health Checks</li> <li>• PowerPoint Presentation</li> </ul> <p>Below are the links to the Heart Foundation Heart Health Check Toolkit, the webinar and the link to the webinar.</p> <p><a href="https://www.heartfoundation.org.au/Bundles/Heart-Health-Check-Toolkit">https://www.heartfoundation.org.au/Bundles/Heart-Health-Check-Toolkit</a></p> <p><a href="https://www.heartfoundation.org.au/Heart-health-education/Heart-Health-checks">https://www.heartfoundation.org.au/Heart-health-education/Heart-Health-checks</a></p> <p>Webinar: <a href="https://www.youtube.com/watch?v=l8hlm1Xpc-E">https://www.youtube.com/watch?v=l8hlm1Xpc-E</a></p>  | <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <br/>             EMPHN HHC<br/>powerpoint .pdf         </div> <div style="text-align: center;"> <br/>             PDSA-Heart-Health-<br/>Checks.pdf         </div> <div style="text-align: center;"> <br/>             Q &amp; A Heart Health<br/>Checks.docx         </div> </div>  |
| <p><b>Quality Improvement Activity 2</b><br/><b>Increasing Cervical Screening</b></p> <p>Attached:</p> <ul style="list-style-type: none"> <li>• PDSA Template</li> <li>• PowerPoint Presentation</li> <li>• Certificate of Attendance</li> <li>• Train IT Resources How to record Cervical Screening in Best Practice and Medical Director</li> <li>• National Cancer Screening Registry</li> <li>• Poster</li> </ul> <p>This is the <a href="#">link</a> to the recording of the webinar.</p> <p><b>Resources</b></p> <p>Resources for healthcare providers- National Cervical Screening Program <a href="https://www.health.gov.au/resources/collections/resources-for-healthcare-providers-national-cervical-screening-program">https://www.health.gov.au/resources/collections/resources-for-healthcare-providers-national-cervical-screening-program</a></p> <p>Cervical screening options <a href="https://www.health.gov.au/initiatives-and-programs/ncsp-healthcare-provider-toolkit/cervical-screening-options">https://www.health.gov.au/initiatives-and-programs/ncsp-healthcare-provider-toolkit/cervical-screening-options</a></p> | <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center; margin: 5px;"> <br/>             PDSA template<br/>Cervical Screening C         </div> <div style="text-align: center; margin: 5px;"> <br/>             Quick-Start-Guide-<br/>Healthcare-Provider-         </div> <div style="text-align: center; margin: 5px;"> <br/>             national-cervical-scr<br/>eening-program-cer         </div> <div style="text-align: center; margin: 5px;"> <br/>             MD-Summary-Sheet<br/>-Enter-Cervical-Scre         </div> <div style="text-align: center; margin: 5px;"> <br/>             Bp-Summary-Sheet-<br/>Enter-Cervical-Scre         </div> <div style="text-align: center; margin: 5px;"> <br/>             Cervical Screening<br/>powerpoint (1).pdf         </div> </div> |

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| <p>National Cervical Screening Program – How to collect your own sample <a href="https://www.health.gov.au/resources/publications/national-cervical-screening-program-how-to-collect-your-own-sample">https://www.health.gov.au/resources/publications/national-cervical-screening-program-how-to-collect-your-own-sample</a></p> <p>Self-Collection for the Cervical Screening Test <a href="https://www.health.gov.au/campaigns/self-collection-for-the-cervical-screening-test?utm_source=health.gov.au&amp;utm_medium=redirect&amp;utm_campaign=digital_transformation&amp;utm_content=cervical-self-collect">https://www.health.gov.au/campaigns/self-collection-for-the-cervical-screening-test?utm_source=health.gov.au&amp;utm_medium=redirect&amp;utm_campaign=digital_transformation&amp;utm_content=cervical-self-collect</a></p> <p>GPex Training Courses for Clinicians <a href="https://gpex.com.au/course/cervical-screening-hpv-and-self-collection/">https://gpex.com.au/course/cervical-screening-hpv-and-self-collection/</a></p> <p><b>National Cancer Screening Register Contact</b><br/><a href="https://outlook.office365.com/owa/calendar/TelstraHealthNCSR@health.telstra.com/bookings/">https://outlook.office365.com/owa/calendar/TelstraHealthNCSR@health.telstra.com/bookings/</a></p> <p><b>Healthpathways Melbourne</b><br/>Has a pathway and information for the Absolute CVD Risk Assessment and Heart Health Checks.<br/><a href="mailto:info@healthpathwaysmelbourne.org.au">info@healthpathwaysmelbourne.org.au</a></p> |  |
| <p><b>Quality Improvement Activity 3</b><br/><b>Diabetes QI Activity</b></p> <p>Resources for the Diabetes QI Activity attached as follows:</p> <ul style="list-style-type: none"> <li>• PDSA 1 Ensuring patients with Diabetes are coded correctly in your CIS</li> <li>• PDSA 2 Ensuring patients with Diabetes have their HbA1c recorded in the last 12 months</li> <li>• PDSA 3 Implementing Walrus Tool</li> <li>• PDSA 4 Ensuring all patients with Diabetes have an active GPMP/TCA and that these are reviewed</li> <li>• Walkthrough setting up Walrus</li> <li>• PowerPoint presentation</li> </ul> <p>Link to the webinar below:<br/><a href="https://www.youtube.com/watch?v=UgJKu-1pYSo">https://www.youtube.com/watch?v=UgJKu-1pYSo</a></p>   | <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center; margin: 5px;"> <br/>             PDSA template. Ensuring patients w         </div> <div style="text-align: center; margin: 5px;"> <br/>             PDSA template. Ensuring patients w         </div> <div style="text-align: center; margin: 5px;"> <br/>             PDSA Implementing the use of Walrus Pk         </div> <div style="text-align: center; margin: 5px;"> <br/>             PDSA Ensuring patients with Diabet         </div> <div style="text-align: center; margin: 5px;"> <br/>             Diabetes Lunch and Learn Presentation         </div> <div style="text-align: center; margin: 5px;"> <br/>             Walkthrough Implementing and S         </div> </div> |

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| <p><b>Quality Improvement Activity 4</b><br/><b>Implementing Health Assessments in your practice</b><br/><a href="#">Click here</a> to view the recording of the information session. The powerpoint and resources are attached,</p> <ul style="list-style-type: none"><li>• Powerpoint Presentation Health Assessments</li><li>• PDSA Implementing Walrus</li><li>• PDSA Indigenous Health Assessments</li><li>• PDSA 75+ Health Assessments</li><li>• PDSA 45-49 Health Checks</li></ul> | <p> Health Assessments.pdf</p> <p> PDSA Indigenous Health Assessments.</p> <p> PDSA 75+ Health Assessments (2).pdf</p> <p> PDSA 45-49 Year Old Health Checks.</p> |
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